

THE ROMAN CATHOLIC CHURCH OF ST. GERTRUDE

28 School Street, Bayville, N.Y. 11709

CLERGY OF THE PARISH

Rev. Msgr. Robert O. Morrissey, Pastor
Rev. Gabriel Miah, Assoc. Pastor
Deacon Ted Kolakowski

PARISH OFFICE HOURS:

Monday to Thursday: 9:00am—4:00pm
(closed from 12-12:30pm for lunch)
Friday: 9:00am-12:00pm

LITURGICAL SCHEDULE

Masses

Saturday: 8:30am & 5:00pm

Sunday: 7:30am, 9:30am (Family Mass), 11:30am

Weekdays: 8:30am

Holy Day: 5:00pm Vigil Mass, 8:30 am & 7:30pm

Rosary every morning after 8:30am Mass

Exposition of the Blessed Sacrament and
Benediction 1:00pm to 3:00pm Wednesdays
except holidays

Reconciliation/Confession:

Saturdays: 4:00-5:00pm & by appointment

SACRAMENTS

Anointing of the Sick: Available upon request.
Scheduled offering the last Sunday of the month
following the 11:30 Mass.

Baptism: Third Sunday each month at 1:00pm.
Prior parent and sponsor interviews with priest or
deacon required.

Marriage: Arrangements must be made in person
with priest at least 6 months in advance & prior
to reception arrangements.

OUTREACH

Pantry hours: Friday 8:30am-9:30am

St. Vincent de Paul (516) 584-4090

Email: svdpstgertrudes@gmail.com

SVDP store locations:

- 1.) 1425 New York Avenue, Huntington Station
- 2.) 2160 Jericho Twp., Garden City Park
- 3.) 249 Broadway, Bethpage



PARISH OFFICE: Phone: (516) 628-1113

Marie Levchuck, Parish Secretary

Email: parishoffice@stgerts.org

Michele Drago, Bulletin Editor

Email: bulletin@stgerts.org

Fax: (516) 628-9032

Website: www.stgerts.com

PARISH CENTER

Preschool:

Tina Mihaltses, Director, Phone: (516) 628-3710
Email: stgertprek@stgerts.org

Religious Education:

Dr. James Sheehan, Director, Phone: (516) 628-2432
Email: faithformation@stgerts.org

THE BAPTISM OF THE LORD

JANUARY 10, 2021



*A voice came from the heavens,
“You are my beloved Son;
with you I am well pleased.”*

Mark 1:11

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New to our Parish? We welcome
you and ask that you please stop into
our Parish office to register. *The
Lord told Israel to reach out to
newcomers and welcome them (Leviticus 19:36).*

Mass Intentions

Remembering . . .

SUNDAY	January 10
7:30am	John Scelzi +
9:30am	Megan Farley +
11:30am	Aline & Edward Bernier + Alexander Artesani + Savior Casella +
MONDAY	January 11
8:30am	John Donovan +
TUESDAY	January 12
8:30am	Thomas Rutter (L)
WEDNESDAY	January 13
8:30am	Mario Dammacco +
THURSDAY	January 14
8:30am	Joseph & Francesca Carbone +
FRIDAY	January 15
8:30am	For the Parishioners of St. Gertrude
SATURDAY	January 16
8:30am	Anthony Rotolo +
	5:00pm

TODAY'S READINGS

First Reading — Behold my servant with whom I am pleased; he shall bring forth justice to the nations (Isaiah 42:1-4, 6-7) or *Isaiah 55:1-11*.

Psalm — The Lord will bless his people with peace (Psalm 29) or *Isaiah 12:2-6*.

Second Reading — God anointed him with the Holy Spirit (Acts 10:34-38) or *1 John 5:1-9*.

Gospel — You are my beloved Son, with you I am well pleased (Mark 1:7-11).

The English translation of the Psalm Responses from the *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

Presider's Schedule: (subject to change)

Saturday, Jan. 16th: 5:00pm—Msgr. Morrissey
Sunday, Jan. 17th 7:30am—Fr. Gabriel
 9:30am—Msgr. Morrissey
 11:30am—Fr. Gabriel

The Anointing: Reflection on the Baptism of the Lord.

The Liturgy last week revealed the mystery of God's plan—that in Jesus all peoples, symbolized by the magi, have been made "co-heirs" to the blessings promised to Israel. This week, we're shown how we claim our inheritance.

Jesus doesn't submit to John's baptism as a sinner in need of purification. He humbles Himself to pass through Jordan's waters in order to lead a new "exodus"—opening up the promised land of heaven so that all peoples can hear the words pronounced over Jesus today, words once reserved only for Israel and its king: that each of us is a beloved son or daughter of God (see [Genesis 22:2](#); [Exodus 4:22](#); [Psalm 2:7](#)).

Jesus is the chosen servant Isaiah prophesies in today's First Reading, anointed with the Spirit to make things right and just on earth. God puts His Spirit upon Jesus to make Him "a covenant of the people," the liberator of the captives, the light to the nations. Jesus, today's Second Reading tells us, is the One long expected in Israel, "anointed . . . with the Holy Spirit and power."

The word Messiah means "one anointed" with God's Spirit. King David was "the anointed of the God of Jacob" (see [2 Samuel 23:1-17](#); [Psalm 18:51](#); [132:10, 17](#)). The prophets taught Israel to await a royal offshoot of David, upon whom the Spirit would rest (see [Isaiah 11:1-2](#); [Daniel 9:25](#)).

That's why people of the whole Judean countryside and all the inhabitants of Jerusalem were going out to John. But it isn't John they're looking for. God confirms with His own voice what the Angel earlier told Mary—Jesus is the Son of the Most High, come to claim the throne of David forever (see [Luke 1:32-33](#)).

In the Baptism that He brings, the voice of God will hover over the waters as fiery flame, as we sing in today's Psalm. He has sanctified the waters, made them a passage—a way to healing and freedom—a fountain of new birth and everlasting life.

By Dr. Scott Hahn

For Those Who Need Our Prayers:

Tom Kolakowski Dennis Finn Elizabeth Finn, Jr. Roger Willet Christine Begley Kathryn Hesse

All names on the prayer list will remain for six weeks. If you would like a name to remain longer, please call the Parish office. Please call the Parish office to leave the names of parishioners who are homebound and would like to receive the Eucharist or would like to receive the Sacrament of the Sick.



Those serving in our military:

Lord, hold our troops in your loving hands. Protect them as they protect us. Bless them and their families for the selfless acts they perform for us in our time of need. I ask this in the name of Jesus, our Lord and Savior. Amen"

LT Travis J. Buffa
 LT Mary Grace Colluci
 2nd LT Glenn Harvey
 Major Nicholas Lorusso
 Pfc. Duncan Moskowitz
 Captain Brian Peguillan
 Hosp. Medic Matthew D. Perez
 Capt. Thomas E. Rojek
 M Sgt. Donald J. Tucker
 LT Terrance Thorgramson
 LT Emily W. Hegarty
 US Army E-1 Richard F. Charon

LT Cmdr. Melissa Buffa
 Major Janet R. Erazo
 LT Col. Paul J. LoBue
 Sgt. 5 Jose Marin
 Major James Nicholson
 LTJG William P. Hegarty
 LT Sean Riordan
 Cpl. Brendan Roethel
 Sp. Trevor Tebaldi
 2nd LT James Andrew Baker
 LT Elizabeth G. Hegarty
 LT Alexander Van Patten USAF

Pfc. Mark Chuisano
 Cmdr. Cynthia Keating
 PO3 Gregory Steiner
 Airman Bryan Mollitor
 LT Col. Sean Patak
 Sfc. Sean P. Schenck
 Cpl. Jason Roland
 Spc. Chase Tucker
 Sgt. William Trotta, Jr.
 Major Chad Lennon
 Ens. James Figari
 PFC Matthew A. Passero

If you would like to inform us of any family member or friend who has been called to active service or for a name to be removed, please call our Parish office.

St. Gertrude Parish Pantry Needs:

Cereal, 1-2 lb. bags of rice, black beans, jar pasta sauce, plastic bottles of juice, paper towels & toilet paper, baby wipes and baby diapers in sizes 2, 4, 5 & 6.



With people in need more than ever during this difficult time, we ask that you continue to donate non-perishable items for those who visit our food pantry on a weekly basis. We thank you, in advance, for your generosity and support.

Donations can be left under the awning outside the front of the Parish Center at any time. Please do not leave food items at the Church.

Pantry hours are every Friday from 8:30am—9:30am in the lower Church.

Just a friendly reminder to please be aware of food expiration dates. Thank you!



Dolores Scores

The Parish of St. Gertrude extends its prayerful condolences to her family and friends.

Parish Financial Summary

Sunday collections (including Faith Direct):

Christmas 2020: \$44,529.00

December 27, 2020: \$4,610.75

January 3, 2021: \$9,738.75



Thank you for your prayerful and generous support of our parish family especially during this Christmas

Faith Direct

We invite you at St. Gertrude in setting up recurring eGiving though Faith Direct. Thanks to eGiving, your weekly offertory will be automatically taken care of, which saves you time and saves our parish money by eliminating all those unused offertory envelopes. Getting started is easy! Visit faith.direct/NY83. Thank you.

Due to the Diocesan directive, Hymnals/missals have been removed. Please use this bulletin for music.
Please take this bulletin with you as you leave the Church. Do NOT leave this bulletin behind for hygienic reasons.

Entrance Hymn: Table of Plenty

Refrain: Come to the feast of heaven and earth! Come to the table of plenty! God will provide for all that we need, here at the table of plenty.

1. O come and sit at my table where saints and sinners are friends. I wait to welcome the lost and lonely to share the cup of my love.
2. O come and eat without money: come to drink without price. My feast of gladness will feed your spirit with faith and fullness of life.
3. My bread will ever sustain you through days of sorrow and woe. My wine will flow like a sea of gladness to flood the depths of your soul.

Type: Words and Music; First Line: Come to the feast of heaven and earth © 1992, OCP. All rights reserved.

Offertory: When Jesus Comes to be Baptized

1. When Jesus comes to be baptized, He leaves the hidden years behind, the years of safety and of peace, to bear the sins of human kind.
2. The Spirit of the Lord comes down, anoints the Christ to suffering, to preach the word, to free the bound, and to the mourner, comfort bring.
3. He will not quench the dying flame, and what is bruised he will not break, but heal the wound in justice dealt, and out of death his triumph make.

Communion: I Have Loved You

Refrain: I have loved you with an everlasting love, I have called you and you are mine; I have loved you with an everlasting love, I have called you and you are mine.

1. Seek the face of the Lord and long for him: he will bring you his light and his peace.
2. Seek the face of the Lord and long for him: he will bring you his joy and his hope.
3. Seek the face of the Lord and long for him: he will bring you his care and his love.

Text based on Jer 31:3; Ps 24:3. Text and music © 1979, OCP. All rights reserved.

Recessional Hymn: Baptized in Water

1. Baptized in water, sealed by the Spirit, cleansed by the blood of Christ our King: Heirs of salvation, trusting his promise, faithfully now God's praise we sing.
2. Baptized in water, sealed by the Spirit, dead in the tomb with Christ our King: One with his rising, freed and forgiven, thankfully now God's praise we sing.
3. Baptized in water, sealed by the Spirit, marked with the sign of Christ our King: Born of one Father, we are his children, joyfully now God's praise we sing.

Tune: BUNESSAN Text: © 1982 The Jubilate Group (admin. Hope Publishing Company)tr. by George Lockwood, © 2012, The Jubilate Group (admin. by Hope Publishing Company)

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Virtual Little Rock
Scripture
Study

Adult
Faith Formation

1 Corinthians

The virtual bible study will begin on January 15 and continue through March 19.

2 Corinthians

The plan is to study Second Corinthians in the spring or fall of 2021.

First Corinthians deals with divisions in the believing community at Corinth and the harm that they inflict on 'the body of Christ.' Paul deals with many individual ethical problems in the community. He instructs the community concerning true wisdom; the supreme importance of love; gifts of the Spirit and the nature of the resurrection.

There is one commentary and two study guides for a total cost of approximately \$24. If the pandemic has affected your finances and you want to attend, please let us know.

The group will meet on Fridays 9:30 am to 11 am on Zoom. Zoom is a free program or App for your computer or smart phone. For more information or questions contact: Nancy Head 628-8467.

St. Gertrude

Church Renovation Campaign - Pledge Update

"Preserve Our Past – Envision our Future"

Total Pledged	\$1,092,427
Paid to Date	\$ 848,722
Balance Due	\$ 243,705
% of Pledges Paid	78%
# of Gifts	285
Average Gift	\$ 3,833

Thank you for your prompt pledge payments!

Pledge reminders are mailed on the 1st of each month, if you have not received a reminder or have any questions about your payment schedule, please call Andy White (Parish Development) at 516-607-3635.



Our preschoolers and their families were happy to be back with their classmates, even our two year olds came back smiling. Miss Carmela's two year old class made dot snowmen, penguins and worked on the letter I. Miss Meredith's three year old class made name snowmen, penguins and worked on the letter L. Miss Michelle's threes made snowmen, snowflakes and worked on the letter L. Miss Janice's four year old class made hedgehogs, polar and brown bears, they also studied the letter J.



Do you need to fulfill your Marriage Prep Requirement?

Engaged Encounter is an effective Pre-Cana program designed to provide you with the tools for a successful marriage. Couples are provided with social-distancing during this time. Our next 2-day weekend will be held at the Seminary of the Immaculate Conception in Huntington on March 6-7, 2021.

For information please call Lenny & Pat Walker at 631-563-1032 or visit: www.longisland.engagedencounter.com to register.



St. Vincent de Paul Meeting

Thursday, January 14th

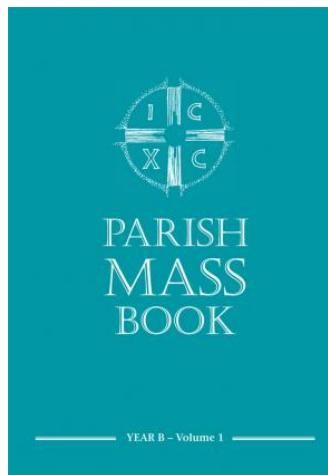
7:15pm in the Lower Church.

Masks and social distancing will be observed.
Any parishioner interested in joining St. Gertrude's SVDP is welcomed.



Banns of Marriage

Kimberly A. Garcia
St. Gertrude, N.Y.
&
Matthew L. Power
St. Gertrude, N.Y.



For the new year, please consider offering a Mass. Masses can be said for a departed love one, a special intention or in thanksgiving, for a friend who is suffering, for a celebration, for prayers that have been answered, for someone you know who can benefit from the spiritual graces that comes with having a Mass said on their behalf.

The reason that this tradition has been passed on for centuries is because of the many spiritual fruits that result from this form of prayer. The celebration of the Eucharist is the highest form of worship in the Catholic Church because we unite ourselves with Christ's sacrifice on the cross in worship of his Father. St. John Paul II emphasized the graces that come when a Mass is offered.

"The Church believes that she will be heard, for she prays in union with Christ her Head and Spouse, who takes up this plea of His Bride and joins it to His own redemptive sacrifice."

Please note that if your loved one's date is not available, you can offer the wine & hosts in memory of your loved one for the week which will cover that particular date that you wish to pray for them.

Don't miss out on these graces for yourself and those you love. Please call or stop in the Parish office. Masses are available as early as next week and we now offer multiple Sunday intentions. We know how important it is to remember your loved one on their day and we are trying to help insure that they are remembered and prayed for if not on their day then at least for the week. (516)628-1113.

Background Screening Update

The Office for the Protection of Children and Young People:

The Charter for the Protection of Children and Young People (The Charter) promulgated by the Bishops of the United States in 2002 outlines specific practices and guidelines providing standards of safety in parishes and dioceses throughout the United States. As directed in The Charter, the Diocese of Rockville Centre requires all employees, clergy, and volunteers to complete three requirements within thirty days of employment or volunteering:

Attend **Protecting God's Children Program (Virtus)**

Sign the Codes of Conduct;

Complete a background screen application. The Diocese requires all those who remain in active ministry be rescreened at 5 yr. intervals. volunteers/employees.

A Word on Background Screening of Volunteers:

The Office for the Protection of Children and Young People (OFPCYP) has streamlined the volunteer application process enabling volunteers to complete the three safe environment requirements in one step. Individuals wishing to volunteer in a parish or school:

Register to attend a Protecting God's Children class and create a Virtus account on the Virtus website:

www.Virtus.org

Electronically acknowledge the Diocesan Code of Conduct- provided during the Virtus registration process.

Follow the instructions to complete the Sterling Volunteers background screening application background offered during the Virtus registration process.

Active Volunteers:

If you are active in a parish ministry, have already attended Virtus and have been background screened you may be at - or beyond- the **5yr. rescreening requirement**. If this is the case, you will receive an email from **Sterling Volunteers** asking you to complete the background screening application on-line. You may access the background screening application by following the prompt in the email or logging into your Virtus account.

Please be aware-this is not a scam nor has your e-mail been hacked. The OFPCYP has been working with your parish to update the Safe Environment records and noted it is time for you to be rescreened. You may also be prompted to electronically resign the Code of Conduct when you log into your Virtus account.

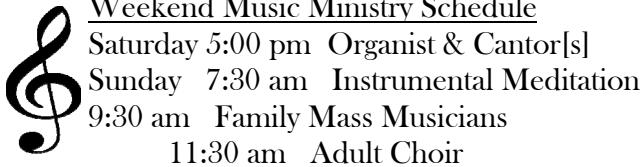
Edit Your Virtus Account:

To access your Virtus account: www.Virtus.org You will need your Username and Password. If you need assistance, please contact Virtus: 1-888-847-8870 or helpdesk@virtus.org. Once in your account, review your account information-particularly your e-mail address. If your account requires updating, please hit the TOOLBOX tab at the top of the screen. On the left side of your screen in the green column click "Update My Account" You will be able to make the necessary changes-please remember to hit the SAVE button at the bottom of the screen.

Questions or concerns: mmcmahon@drvc.org; amendoza-cantos@drvc.org; jwinter@drvc.org;

pditomasso@drvc.org

Thank you to all who continue to serve in a ministry during these extremely challenging days.



Weekend Music Ministry Schedule

Saturday 5:00 pm Organist & Cantor[s]
Sunday 7:30 am Instrumental Meditation
9:30 am Family Mass Musicians
11:30 am Adult Choir

KEEP THE TRADITION GOING



For over 50 years every Monday evening at 7:30pm the Miraculous Medal Novena to Our Lady, preceded by the Most Holy Rosary, has been recited here at St. Gertrude's Church. This devotion was introduced by our first pastor, Father

Thomas Connolly, and has continued non-stop through these many years. Our participants are few in number but "Where two or three are gathered in my name there I am with them".

Please consider joining us.

Help restore the right to life for preborn children. Please join the Long Island Coalition for Life for the Roe v. Wade Anniversary Memorial Face the Truth event on Sunday, January 17, 2021, from 1:30p.m. to 3:00p.m. This peaceful public witness will be held on the sidewalk in front of Nassau University Medical Center (2201 Hempstead Tpke., E Meadow), a hospital that commits abortions. Be a positive sign for LIFE! Signs provided. Rain or shine. Sponsored by: LICL (631-243-1435, info@prolifeLI.org).



Catholic Health Services' Skilled Nursing Facilities

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CHS offers three highly recognized skilled nursing facilities, providing both short- and long-term care for patients and residents.

Good Samaritan Nursing & Rehabilitation Care Center, Sayville

St. Catherine of Siena Nursing & Rehabilitation Care Center, Smithtown

Our Lady of Consolation Nursing & Rehabilitative Care Center, West Islip

CHS sees each individual as a whole, requiring care of the body, mind and spirit. Safe, compassionate care in the Catholic tradition.

Caring isn't just what we do. It's who are.

Seminary of the Immaculate Conception, 440 West Neck Road, Huntington, NY 11743
ehayes@icseminary.edu, 631-423-0483 x141

We have an interlibrary loan service, lectures in the library, and even some online content (such as podcasts) that you could take advantage of. If you are within driving distance, you are also welcome to apply for a courtesy card and borrow materials directly when you visit.

Our collection began years ago as strictly an academic library, but since the priestly formation program changed a few years ago (and our seminarians moved up to Yonkers), we have varied the collection a bit so that it can appeal to the general reader wanting to deepen their faith. Our book collection includes lots of books on spirituality, saints, popular apologetics, and so forth. We also have current Catholic periodicals, sacred music on CD, and even DVDs.

Resources Available

FAMILY, MARRIAGE AND INDIVIDUAL THERAPY

Family, marriage and individual therapy, provided by New York State licensed therapists including therapists who specialize in Depression, Divorce Mediation and Domestic Violence, are available to our parishioners at 147 other parishes. This program, under the direction of Dr. George Giuliani, has been conducted in the diocese for the past 41 years for the convenience of parishioners. It is provided by the Catholic Counseling Center, which is independent of and not controlled or supervised by the parish or diocese. Most insurance policies, including Medicare, are honored. We are currently looking for licensed therapists in Nassau, Suffolk and Queens. For confidential information and appointments, please call Dr. Giuliani at the Catholic Counseling Center at (631) 243-2503 or go to our website at: <http://www.thecatholiccounselingcenter.com>.



"Getting Ahead in a Just-Getting By World"

An Invitation to Serve, in the District Council of Nassau North

We all know how the Society of St. Vincent de Paul regularly provides charitable assistance to neighbors in need. Beginning with the home visit, Vincentians perform numerous good deeds, many of which involve financial assistance (rent & utility bills), immediate needs assistance (food, furniture, etc.) and also counseling.

However, the challenges facing those in poverty are ever more acute today. The "Getting AHEAD" program, offered by the Society of St. Vincent de Paul across the country, is one approach to help these neighbors rise above the "tyranny of the moment" or crisis mode in which they are too often bound. It also answers the questions raised by many Vincentians: "What more can I do for my neighbor beyond the traditional home visit?" and "Is there a structured process I can become involved with that would make a difference?" If you are interested in joining, please email: svdpstgertrudes@gmail.com



The Life Enrichment Center at Oyster
45 East Main Street · Oyster Bay, NY 11771 516-922-1770

JANUARY 2021: All in-person programs subject to change*

Every Monday	Every Tuesday	Every Wednesday	Every Thursday	Every Friday	
10:00 Yoga with Michelle on Zoom (email luca100707@gmail.com) 11:00 Stretch & Balance with Judi 12:45 Creative Writing with Katherine	8:45 Strength Training w/Judi 10:00 Strength Training w/Judi 11:00 Grumpy Old Men's Group 12:45 Meditation with Elisabeth 1:00 Creative Movement w/Kathy 7:15 Open Mic Night with Barbara & Ken on Zoom (email ken_krumenacker@excite.com)	8:45 Strength Training w/Judi 10:00 Stretch & Balance w/Judi 10:30 Women of the Ages w/ Beth 12:00 Yoga with Michele on Zoom 1:00 Crochet & Knit with The Happy Hookers	9:00 Tai Chi with Spencer G 10:30 Gentle Yoga Flow with Patricia	10:30 Senior Chat with Betty Jo and Carmela in the conference room 11:00 Yoga with Michelle on Zoom 11:15 Brain Games 1:00 Bingo Game with Jennette and Linda	
Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>*Nassau County Office for The Aging temporarily closed senior centers. All In-Person activities including lunch, fitness classes, and support groups are suspended until further notice. We will contact members when we are able to resume activities indoors, hopefully in mid-January. Call the Center if you are interested in signing up for virtual programming, or email chrisj@lecob.org. Beginning January 4th, Grab & Go lunches will be available Monday through Friday (see menu on the other side).</p>					
4	5	6	7	8	
10:00 Yoga with Michelle on Zoom 11:00 Stretch & Balance with Judi 12:45 Creative Writing with Katherine	8:45 Strength Training with Judi 10:00 Strength Training with Judi 10:15 Water Colour Studio w/Alice on Zoom 11:00 Grumpy Old Men's Group 12:45 Meditation with Elisabeth 1:00 Creative Movement with Kathy	8:45 Strength Training with Judi 10:00 Stretch & Balance with Judi 10:30 Women of the Ages w/ Beth 1:00 Crochet & Knit w/The Happy Hookers	9:00 Tai Chi with Spencer G 10:30 Gentle Yoga Flow with Patricia	10:30 Senior Chat with Betty Jo and Carmela in the conference room 11:15 Brain Games 1:00 Bingo Game w/Jennette & Linda	
11	12	13	14	15	
10:00 Yoga with Michelle on Zoom 11:00 Stretch & Balance with Judi 12:45 Creative Writing with Katherine	8:45 Strength Training with Judi 10:00 Strength Training with Judi 10:15 Water Colour Studio with Alice on Zoom 11:00 Grumpy Old Men's Group 12:45 Meditation with Elisabeth 1:00 Creative Movement with Kathy	8:45 Strength Training with Judi 10:00 Stretch & Balance with Judi 10:30 Women of the Ages w/ Beth 1:00 Crochet & Knit w/The Happy Hookers	9:00 Tai Chi with Spencer G 10:30 Gentle Yoga Flow with Patricia	10:30 Senior Chat with Betty Jo and Carmela in the conference room 11:15 Brain Games 1:00 Bingo Game w/Jennette & Linda	
18	19	20	21	22	
Center Closed Holiday		8:45 Strength Training with Judi 10:00 Strength Training with Judi 10:15 Water Colour Studio with Alice on Zoom 12:45 Meditation with Elisabeth 11:00 Grumpy Old Men's Group 1:00 Creative Movement with Kathy	8:45 Strength Training with Judi 10:00 Stretch & Balance with Judi	9:00 Tai Chi with Spencer G 10:30 Gentle Yoga Flow with Patricia	10:30 Senior Chat with Betty Jo and Carmela in the conference room 11:15 Brain Games 1:00 Bingo Game w/Jennette & Linda
25	26	27	28	29	
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EDUCATING EMPOWERING ADVOCATING

- 
- Two to three hours a week can change a person's life.
 - Become an advocate for the frail, the disabled and elderly who live in our nursing homes and assisted living facilities.
 - The elderly deserve to live with dignity, respect and to receive quality care.

BECOME A NYS CERTIFIED
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THE STATE LONG TERM CARE OMBUDSMAN

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A Great Place to Eat Lunch, Socialize, Stay Fit, Have Fun and Get Support



The Life Enrichment Center at Oyster Bay

Open Monday to Friday

Day Programs: 8:30am to 4:30pm

Evening Programs: 5:00pm to 8:00pm



- The Connections You Need for Vital Social Services
[Entitlement Screenings and Complimentary Needs Evaluation](#)
- Social Adult Day Care Program for Frail or Memory-Impaired Individuals - [Complimentary Trial Visit](#)
- Hot Nutritious Lunches & Transportation*
- Engaging Social Activities – Fitness, Music, Dance, Lectures, Popular Games, Trips...
- Evening Fitness Classes & Activities for Adults
- Caregivers Support Services and Group Discussions

*Lunch and transportation programs are made possible with funding from the Nassau County Department of Human Services, Office for the Aging through New York State Office for the Aging and U.S. Administration on Aging, Town of Oyster Bay.

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(516) 922-1770

The Center Is a 501(c)3 which relies heavily on contributions.
An Annual Report and Audited Financials are available online.

**Membership
Is FREE.**

Info@lifeenrichmentcenteroysterbay.org



The Life Enrichment Center at Oyster Bay

45 EAST MAIN STREET • OYSTER BAY, NEW YORK • 11771

PROGRAMS FOR FRAIL AND MEMORY IMPAIRED SENIORS

What's the best kept secret in Oyster Bay?

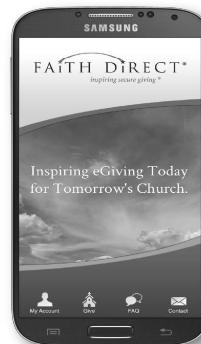
The Day Break Program at the Life Enrichment Center, a Social Model Adult Day Care program serving frail and memory-impaired seniors since 1999. Day Break provides high-quality, affordable therapeutic services in a safe, comforting and socially engaging environment. Participants benefit from cognitive activities, exercise, music, social interaction and much, much more. Aging at home presents many challenges; the Day Break Program can improve the quality of life of both participant and caregiver. [Long term care insurance and Medicaid MLTCs accepted.](#) For a [free trial visit](#), contact Ruth Humphreys at 516-558-7211.

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The *IRA Charitable Rollover* is back and is now permanent!

What's called a rollover is actually a "qualified charitable distribution" that can be made to our Parish.

If...

You are at least 70 1/2 years old on the date you make your gift

Your IRA is a traditional or Roth

You don't exceed your personal maximum of \$100,000 per year in qualified charitable distributions

You will not have to report your distribution as income. It will be free of federal and New York State income tax, and it will count toward your required minimum distribution (RMD).

The best way for you to start is with your IRA custodian. Tell them you want to make a "qualified charitable distribution". In most cases you will only have to fill out a simple form.

VERY IMPORTANT!! Your gift must go directly from your IRA to the Parish. If you receive the money first then you'll be taxed on it like any other distribution.

Example: Mrs. Connors, age 76, has \$125,000 in a traditional IRA and would like to contribute \$5,000 to her Parish in 2016. Upon hearing of the Charitable IRA Rollover opportunity, she directs the custodian of her IRA to transfer this amount not later than December 31, 2016 directly to the Parish as a 2016 gift. She will not be subject to income tax on her \$5,000 qualified charitable distribution.

This information is not intended and should not be construed as legal, tax or investment advice. For such advice, please consult an attorney, tax advisor or investment professional.

Wills and Bequests have the power to impact future generations. It's so easy to include our Parish in your Will and still provide for loved ones. You may be able to make a simple bequest by adding the following language:

"I give and bequeath the sum of \$ _____ (or the % of), to be used for the general program of St. Gertrude Parish, a Catholic Church in the Diocese of Rockville Centre."

Ensure the future vitality of our Parish with your charitable bequest or consider other Estate Planning options, such as designating our Parish as beneficiary of a life insurance policy or an IRA account.

To receive a brochure about Wills and Bequests, please call Barbara Kilarjian at 516-379-5210 ext. 229



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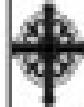
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shaves with an ADVERTISED razor
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