

THE ROMAN CATHOLIC CHURCH OF ST. GERTRUDE

28 School Street, Bayville, N.Y. 11709

CLERGY OF THE PARISH

Rev. David Regan, Pastor
Rev. Ed Seagriff, Assoc. Pastor
Deacon Ted Kolakowski

PARISH OFFICE HOURS:

Monday to Thursday: 9:00am–4:00pm
(closed from 12-12:30pm for lunch)
Friday: 9:00am-12:00pm

SACRAMENTS

Anointing of the Sick: Available upon request.
Scheduled offering the last Sunday of the month following the 11:30 Mass.

Baptism: Third Sunday each month at 1:00pm.
Prior parent and sponsor interviews with priest or deacon required.

Marriage: Arrangements must be made in person with priest at least 6 months in advance & prior to reception arrangements.

OUTREACH

Pantry hours: Friday 8:30am-9:30am

LITURGICAL SCHEDULE

Masses

Saturday: 8:30am & 5:00pm

Sunday: 7:30am, 9:30am (Family Mass), 11:30am

Weekdays: 8:30am

Holy Day: 5:00pm Vigil Mass, 8:30 am & 7:30pm

Rosary every morning after 8:30am Mass

Miraculous Medal Novena every Monday at 7:30pm

Exposition of the Blessed Sacrament and Benediction
1:00pm to 3:00pm Wednesdays except holidays

Reconciliation/Confession:

Saturdays: 4:00-5:00pm & by appointment

Charismatic Prayer Group: meets every Monday at 4:00pm in the Church

PARISH OFFICE: Phone: (516) 628-1113

Marie Levchuck, Parish Secretary

Email: parishoffice@stgerts.org

Michele Drago, Bulletin Editor

Email: bulletin@stgerts.org

Fax: (516) 628-9032

Website: www.stgerts.com

PARISH CENTER

Preschool:

Tina Mihaltses, Director, Phone: (516) 628-3710

Email: stgertprek@stgerts.org

Religious Education:

Dr. James Sheehan, Director, Phone: (516) 628-2432

Email: faithformation@stgerts.org

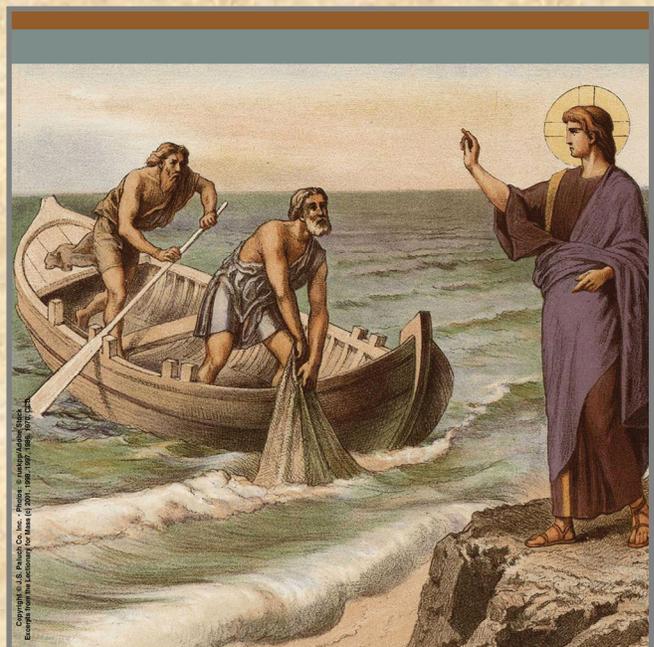
St. Vincent de Paul (516) 584-4090

Email: svdpstgertrudes@gmail.com

SVDP store locations:

1. 1425 New York Avenue, Huntington Station
2. 2160 Jericho Twp., Garden City Park
3. 249 Broadway, Bethpage

To donate furniture, please call (516) 746-8250.



JANUARY

26 2020

They left their nets and followed him.

MATTHEW 4:20

THIRD SUNDAY IN ORDINARY TIME



New to our Parish? We welcome you and ask that you please stop into our Parish office to register. *The*

Lord told Israel to reach out to newcomers and welcome them (Leviticus 19:36).

Remembering. . .

SUNDAY	January 26
7:30am	Rosary Guild, living & deceased members
9:30am	Robert Broccolo +
11:30am	James T. Martin +
MONDAY	January 27
8:30am	Parishioners of St. Gertrude
TUESDAY	January 28
8:30am	Clyde Catalyo +
WEDNESDAY	January 29
8:30am	Solomito family +
THURSDAY	January 30
8:30am	Charles V. Hili +
FRIDAY	January 31
8:30am	Rev. George Ruggieri +
SATURDAY	February 1
8:30am	Owen R. Clarke + Peter Miller +
5:00pm	Maria, Carmine & Antonio Clemente +

TODAY'S READINGS

First Reading – God has restored the land, and brought great joy to the people (Isaiah 8:23 – 9:3).

Psalm – The Lord is my light and my salvation (Psalm 27).

Second Reading – Paul exhorts the believers at Corinth: As there is one Christ, so too must there be no divisions among you (1 Corinthians 1:10-13, 17).

Gospel – After calling his first disciples, Jesus goes throughout Galilee (Matthew 4:12-23 [12-17]).

The Altar Bread and Wine used at our Masses this week are offered in loving memory of:



Manuela Sabin

Next Week's Presiders Schedule:

Saturday, February 1 st	5:00pm	Fr. Regan
Sunday, February 2 nd	7:30am	Fr. Ed
	9:30am	Fr. Regan
	11:30am	Fr. Ed

History Redeemed: Reflection on the Third Sunday in Ordinary Time:

Today's liturgy gives us a lesson in ancient Israelite geography and history.

Isaiah's prophecy in today's First Reading is quoted by Matthew in today's Gospel. Both intend to recall the apparent fall of the everlasting kingdom promised to David (see 2 Samuel 7:12-13; Psalm 89; 132:11-12).

Eight centuries before Christ, that part of the kingdom where the tribes of Zebulun and Naphtali lived was attacked by the Assyrians, and the tribes were hauled off into captivity (see 2 Kings 15:29; 1 Chronicles 5:26).

It marked the beginning of the kingdom's end. It finally crumbled in the sixth century BC, when Jerusalem was seized by Babylon and the remaining tribes were driven into exile (see 2 Kings 24:14).

Isaiah prophesied that Zebulun and Naphtali, the lands first to be degraded, would be the first to see the light of God's salvation. Jesus today fulfills that prophecy—announcing the restoration of David's kingdom at precisely the spot where the kingdom began to fall.

His Gospel of the Kingdom includes not only the twelve tribes of Israel but all the nations—symbolized by the “Galilee of the Nations.” Calling His first disciples, two fishermen on the Sea of Galilee, He appoints them to be “fishers of men”—gathering people from the ends of the earth.

They are to preach the Gospel, Paul says in today's Epistle, to unite all peoples in the same mind and in the same purpose—in a worldwide kingdom of God.

By their preaching, Isaiah's promise has been delivered. A world in darkness has seen the light. The yoke of slavery and sin, borne by humanity since time began, has been smashed.

And we are able now, as we sing in today's Psalm, to dwell in the house of the Lord, to worship Him in the land of the living.

By Dr. Scott Hahn

Anointing of the Sick
Sunday, January 26th in our
Church following the
11:30 Mass



Letter to a Suffering Church

By Bishop Robert Barron

Bishop Barron has written a short reflection as to the issues of “Sexual Abuse by Clergy” in the Catholic Church. The book is honest and deep. Bishop Barron does not try to minimize the issues; in fact, the beginning of the book is very hard to get through. He does however, put the issues into the context of the 2000 year history of our faith. He, also, puts the current crisis (s) into the paradigm of the God’s revelation in scripture. In the end he proposes and answers the questions 1) what is it that is unique about our Catholic Church and 2) why remain and be optimistic in our faith?

These books are provided for anyone who wishes to read and participate in a group discussion. We have limited copies so (PLEASE) only take a copy if you are planning to read it and attend the discussion.

The book has very adult themes. If you decide to participate, please know, that Bishop Barron delves into some horrific and truthful narratives before he shed light and hope on the entire matter

The books are out and the discussion will take place on Sunday, February 2nd at 10:30am in the Church basement. Thank you.

Holy Hour with Solemn Exposition of the Holy Blessed Sacrament

Friday, February 7th at 7:00pm

“Your faith will help you realize that it is Jesus Himself Who is present in the Blessed Sacrament, waiting for you and calling you to spend one special hour with Him each week.”

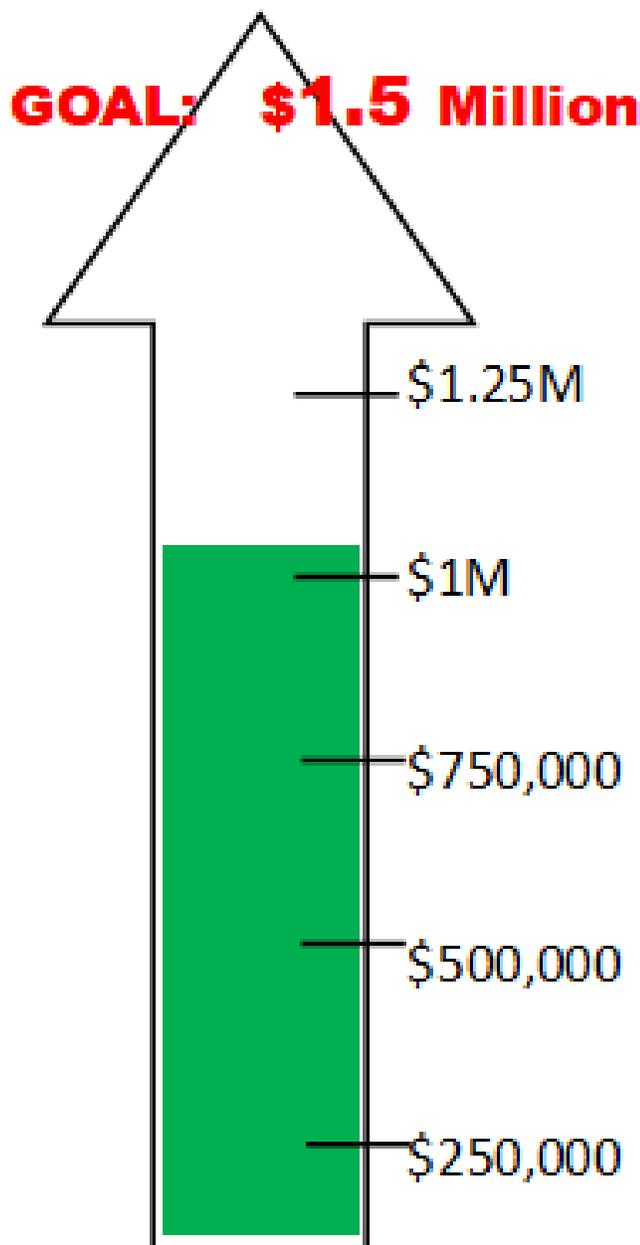
“Visit the Lord in that ‘heart to heart’ contact that is Eucharist Adoration. Day after day, you will receive new energy to help you to bring comfort to the suffering and peace to the world. Many people are wounded by life: They are excluded from economic progress, and are without a home, a family, a job; there are people who are lost in a world of false illusions, or have abandoned all hope. By contemplating the light radiant on the face of the Risen Christ, you will learn to live as ‘children of the light and children of the day’ (1Th 5:5), and in this way you will show that ‘the fruit of light is found in all that is good and right and true’ (Eph 5:9).”



“The Eucharist is a priceless treasure; by not only celebrating it but also by praying before it outside of Mass we are enabled to make contact with the very wellspring of grace”.

St. Gertrude RC Church Church Renovation Capital Campaign

**Over \$1.0 Million Pledged - Thank You!!
Phase I Projects Set to Begin!**



Thank you for your support for our capital campaign! As of this past week, **\$1,019,672 or 68% of our goal has been pledged with \$635,741 paid to date** from 273 parish families. Additional Gifts to the campaign are welcomed through-out the year.

Phase I Set to Begin

We have finalized plans and expect to begin renovation of the exterior of the Church and installation of the bathroom on the main level.

(Weather Permitting!)

Please visit our parish website at www.stgerts.com for all capital campaign information and details.

For Those Who Need Our Prayers:

Tom Kolakowski Lynn Lamort Jack Caputo Arthur Unger MaryAnn Seidman
 Rebecca Browning Lawrence Paul Caputo Michael Willett

All names on the prayer list will remain for six weeks. If you would like a name to remain longer, please call the Parish office. Please call the Parish office to leave the names of parishioners who are homebound and would like to receive the Eucharist or would like to receive the Sacrament of the Sick.



Those serving in our military:

Lord, hold our troops in your loving hands. Protect them as they protect us. Bless them and their families for the selfless acts they perform for us in our time of need. I ask this in the name of Jesus, our Lord and Savior. Amen”

LT Travis J. Buffa	LT Cmdr. Melissa Buffa	Pfc. Mark Chuisano
LT Mary Grace Colluci	Major Janet R. Erazo	Cmdr. Cynthia Keating
2nd LT Glenn Harvey	LT Col. Paul J. LoBue	PO3 Gregory Steiner
Major Nicholas Lorusso	Sgt. 5 Jose Marin	Airman Bryan Mollitor
Pfc. Duncan Moskowitz	Major James Nicholson	LT Col. Sean Patak
Captain Brian Peguillan	LTJG William P. Hegarty	Sfc. Sean P. Schenck
Hosp. Medic Matthew D. Perez	LT Sean Riordan	Cpl. Jason Roland
Capt. Thomas E. Rojek	Cpl. Brendan Roethel	Spc. Chase Tucker
M Sgt. Donald J. Tucker	Sp. Trevor Tebaldi	Sgt. William Trotta, Jr.
LT Terrance Thorgramson	2nd LT James Andrew Baker	Major Chad Lennon
LT Emily W. Hegarty	LT Elizabeth G. Hegarty	Ens. James Figari
US Army E-1 Richard F. Charon	LT Alexander Van Patten USAF	

If you would like to inform us of any family member or friend who has been called to active service or for a name to be removed, please call our Parish office.



St. Gertrude Parish Pantry Needs:

Rice (1-2 lb. bags), Pasta, Jar Spaghetti Sauce, Cereal, Coffee, Plastic bottles of Juice, Canned Fruits, Sugar, Flour, Oil, Tuna, Snacks, Dish and Laundry Detergent, Paper Towels, Tissues, Men & Women Deodorant, Shampoo, Toothbrushes & Toothpaste.

We are well stocked with canned vegetables and soups at the moment. Thank you for all your generous donations and keeping our pantry well stocked. It is greatly appreciated!!

Pantry hours are every Friday from 8:30am-9:30am in the lower Church.

Just a friendly reminder to please be aware of food expiration dates. Thank you!



Edward Fox

Nieves Sobrino

The Parish of St. Gertrude extends its prayerful condolences to their family and friends.

Parish Financial Summary

Sunday collections (including Faith Direct):

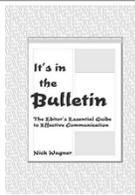
January 19, 2020: \$ 6,688.00



Thank you for your prayerful and generous support of our parish family.

Faith Direct

Your automatic contributions through Faith Direct will save valuable time for both you and our parish staff. To enroll, please visit Faith Direct's website www.faithdirect.net and use our parish code NY83. You can also fill out and mail a Faith Direct enrollment form from the parish office. Thank you!!



Have you missed Mass but still want to know what's happening in our Church?

There are 2 ways to keep in touch with our Church announcements/happenings in our **bulletin**.

First way: Sign up to receive our Church bulletin via email each week. Follow these simple steps:

1. www.jspaluch.com
2. Bulletin subscription
3. Search by filling in your zip code
4. Select St. Gertrude Church (green arrows)
5. Fill in the address fields/email info. to receive the same **printed** version of our Church bulletin (6 pages)

Second way:

1. Log into our Church website at: www.stgerts.com
2. Under the "About Us" tab find Bulletins
3. Extended bulletin version can be found here.

For bulletin submissions, please email them to: bulletin@stgerts.org.

Information must be received 1 week prior to bulletin publishing and will be included in the following week's printed bulletin if space allows. If not, then information will appear in the on-line version.



St. Blaise —
Blessing of the Throats will take place on Monday, February 3rd immediately following the 8:30am Mass



Please call the Parish office at (516)628-1113 to receive a letter of your yearly contributions to St. Gertrude parish.

For the Capitol Campaign donations, a separate letter will be automatically sent to your home for donations \$250.00 or greater. Should you require a letter for contributions under \$250, please call the Parish office.

MASS INTENTIONS

One part of Catholic culture that is sometimes hard to understand and very often misunderstood is the custom of offering Mass intentions.

When a priest celebrates Mass each day, he *offers* each celebration of the Eucharist for a particular person, or intention. By doing so he applies special graces from God upon that person or intention.

Similar to how we are able to intercede for others by our personal prayers, the Church is able to intercede for us through the celebration of the Mass. However, since the Eucharist is the "source and summit of the Christian life" the Mass possess a power that our personal prayers do not.

The practice of offering Mass for particular intentions is an ancient one, dating back to the early Church.

Pope Paul VI said, "the Mass is the most perfect form of prayer!" It has immense power and countless miracles and conversions have occurred throughout the centuries by offering Masses for a specific intention or person. Mass intentions are a great treasure of the Church and have a spiritual weight that is incalculable.

Please call our parish office to arrange for a Mass in 2020.



PRESCHOOL: It was a short week due to the holiday, but the children continued to work on winter themes, with real snow activities happening over the three day weekend. Miss Carmela's two year old class made snowflakes and snowballs. Miss Meredith's three year old class made winter hats and mountains for the letter M. Miss Michelle's threes made polar bears and mitten patterns, they worked on the letter N. Miss Ashley's four year old class made shape snowmen and Chinese dragons, they studied the letter M. Miss Janice's fours made penguins and a snowy day project, they studied the letter M.

Come check us out – Handicapped Encounter Christ Ministry

Handicapped Encounter Christ is a ministry for adults with physical, mental, cognitive and/or sensory disabilities. It is based on the Cursillo movement of the Catholic Church. HEC brings together the communities of disabled and enabled-adults so they can all get to know our Lord, Jesus Christ. During the year, we have many different events and annually there is a three day HEC Retreat held in April. We are always looking for participants to join this ministry - those that are disabled and those who are not -so that together we are one community learning from each other, enjoying the company of one another and establishing many beautiful friendships together as we all get to know our Lord.

Worldwide Marriage Encounter

"Put on, as God's chosen ones, holy and beloved, heartfelt compassion, kindness, humility, gentleness, and patience, bearing with one another and forgiving one another." Work to live in your marriage as God desires by attending a Worldwide Marriage Encounter Weekend. The next Weekends are Jan 31-Feb 2, 2020 in Huntington, NY and May 1-3, 2020 in Huntington, NY. For more information, call John & Toni Torio at 877-697-9963 or visit them at <https://wwmenyli.org/>.



Do you need to fulfill your Marriage Prep Requirement? Engaged Encounter is an effective PreCana program designed to provide you with the tools for a successful marriage. Couples are given the opportunity to explore many aspects of their relationship through a series of presentations, writings and dialog. There are no group discussions. Our next weekend will be held at the Seminary of the Immaculate Conception in Huntington on February 7, 8, 9 2020. For information please call Lenny & Pat Walker at 631-563-1032 or visit www.engagedencounterli.org

FAMILY, MARRIAGE AND INDIVIDUAL THERAPY

Family, marriage and individual therapy, provided by New York State licensed therapists including therapists who specialize in Depression, Divorce Mediation and Domestic Violence, are available to our parishioners at 147 other parishes. This program, under the direction of Dr. George Giuliani, has been conducted in the diocese for the past 41 years for the convenience of parishioners. It is provided by the Catholic Counseling Center, which is independent of and not controlled or supervised by the parish or diocese. Most insurance policies, including Medicare, are honored. We are currently looking for licensed therapists in Nassau, Suffolk and Queens. For confidential information and appointments, please call Dr. Giuliani at the Catholic Counseling Center at (631) 243-2503 or go to our website at: <http://www.thecatholiccounselingcenter.com>.

Seminary of the Immaculate Conception, 440 West Neck Road, Huntington, NY 11743
chaves@icseminary.edu, 631-423-0483 x141

We have an interlibrary loan service, lectures in the library, and even some online content (such as podcasts) that you could take advantage of. If you are within driving distance, you are also welcome to apply for a courtesy card and borrow materials directly when you visit.

Our collection began years ago as strictly an academic library, but since the priestly formation program changed a few years ago (and our seminarians moved up to Yonkers), we have varied the collection a bit so that it can appeal to the general reader wanting to deepen their faith. Our book collection includes lots of books on spirituality, saints, popular apologetics, and so forth. We also have current Catholic periodicals, sacred music on CD, and even DVDs.



Weekend Music Ministry Schedule

Saturday 5:00 pm Organist & Cantor[s]
Sunday 7:30 am Instrumental Meditation
9:30 am Family Mass Musicians
11:30 am Adult Choir



Scout & Christian Family Ski Days

January 25-26 and February 22-23, 2020

DATE OF VISIT: _____ ARRIVAL TIME: _____ (Between 8am-10am)

GROUP NAME _____

CONTACT NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE # _____ CELL # _____

E-MAIL ADDRESS: _____

FOR IN HOUSE USE ONLY:	
Date of Booking	_____
County	_____
Sales Rep	_____
Acct. #	_____
Copy _____	Inv _____
BR _____	SF _____

How did you learn about Mountain Creek Scout & Christian Days?

Quantity	Scout & Christian Day Product	Ticket Price	*Municipality Fee (per person)	**NJ State Tax (per person)	Total
Standard Group Rate Lift Tickets - Booked at least 48 business hours in advance, with deposit.					
	Scout & Christian Days Lift Ticket (Adult & Youth ages 7+)	\$32.99	\$2.31	N/A	
Early Booking Discount Lift Tickets - Must be reserved with a deposit at least 10 days in advance					
	Scout & Christian Days Early Bird Lift Ticket (Adult and Youth ages 7+)	\$30.99	\$2.17	N/A	
	Early Bird Complimentary Lift Ticket 1:10	\$0.00	N/A	N/A	
Rentals - Scout & Christian Days Rental (boots, bindings, poles, skis or snowboard, helmet)					
	***Go Package - Scout & Christian Days All Access Lift Ticket/Lesson/Rental	\$84.99	\$3.19	\$1.29	
**Traditional Meal Voucher choice of burger, pizza or chicken fingers served w/fries & fountain drink					
		\$10.99	N/A	\$0.73	
**Premium Meal Voucher choice of grab & go sandwich, salad or soup served w/apple, orange or yogurt & bottled water, juice or milk					
		\$12.99	N/A	\$0.88	
*There is a 7% municipality fee on all lift and lesson products - this is not a tax and is not entitled to an exemption.			Total		
**There is a 6.626% tax on all rentals and food- NJ State Tax Exempt Form required at time of reservation if exempt.			Deposit		
***Group Lessons are for children age seven and older - Separate reservations can be made with Kids Kamp, for younger children, by calling 873-827-2000 ext. 0.			Balance Due		

Mountain Creek Resort, 200 Route 84, Vernon, NJ 07462 www.mountaincreek.com
 ☎ 882-307-7388 | 📠 882-307-7357 | ✉ dsales@mountaincreek.com



MOUNTAINCREEK

Payments & Terms

Winter 2020

CHECK PAYMENT

Check Enclosed Check # _____ Check Total: _____ (Mountain Creek does not accept personal checks)

CREDIT CARD AUTHORIZATION

*Please print the following information:

Customer Name: _____ Date: _____

I authorize Mountain Creek to charge my:

VISA MASTERCARD DISCOVER AMEX

Name on Credit Card: _____ Amount to be charged: _____

Credit Card Number _____ Expiration Date: _____

Signature of Cardholder: _____ Security code: _____

TERMS

1. To receive group rates, you must place a reservation for a minimum of 10 persons at least 48 business hours prior to trip date.
2. All reservations must be accompanied by a \$100.00 NON-REFUNDABLE deposit. Payable by organization check, credit card or money order.
3. Children 8 and under cannot participate in group lessons. If accompanied by a full paying adult/parent they do receive a free lift ticket only. (No free rental, lesson or snow tubing.) Limit 2 child lift tickets per paying adult.
4. In order to secure group rentals a major credit card will be required.
5. All rental/lesson purchasers must sign a release of liability. Parent/legal guardian must sign on behalf of all children.
6. You will receive one complimentary lift ticket for every 10 lift tickets purchased (this includes lift tickets sold as part of packages). No comps are given for rental or lesson purchases.
7. Resale of tickets is unlawful and subject to prosecution.
8. Tickets purchased for a particular time and category are valid ONLY during that time period, i.e. weekday tickets valid weekdays only.
9. Meal vouchers are non-refundable and have no cash value. Meal Vouchers apply to specific menu combinations only.
10. Non-profit/Tax exempt groups must show valid NJ TAX EXEMPT FORM (8T-4 or 8T-5) at time of reservation.
11. Mountain Creek reserves the right to limit/close operations of any facility for capacity limitations, safety and operating reason including inclement weather.

Mountain Creek respects your privacy. Any personal information we collect is used only to develop products, services and offers, communicate with our customers and complete transactions that ultimately deliver our products and services to you. Your personal information is not shared without your consent, with third parties for the purpose of marketing of selling their products or services. For more information go to www.mountaincreek.com



LECTURE SERIES

COME MEET DAN SEARBY



Speaking on:

Return to the Holy Land - The Sequels (All New Content!)

Take a brisk, multi-media, virtual pilgrimage through Israel and Palestine. Go to the Western/Wailing Wall, inside the Dome of the Rock, experience Easter within The Holy Sepulchre and meet the High Priest of the Samaritans. There will be some music, humor, politics and hopefully, insha'Allah, some spirituality and like all pilgrimages, you will either return home safely or go straight to heaven.



BIO/BACKGROUND

The author/presenter, Dan Searby, is an Anglican convert to Catholicism and a Bible Lands aficionado who possibly suffers from "Jerusalem Syndrome" (Google it). He is also an active supporter of Christians in the Middle East through CNEWA (Catholic Near East Welfare Association), The Latin Patriarchate of Jerusalem and Bethlehem University. This presentation is a follow-up to a talk on his 2016 pilgrimage given in September 2017. The all-new content in "Return to the Holy Land" is drawn from 2017, 2018 and 2019 pilgrimages to Israel and Palestine.

Sunday, February 2, 2020
2:00 – 4:00 p.m.

in the Library at the
Seminary of the Immaculate Conception*
440 West Neck Road, Huntington, NY

For directions or other information,
call 631-423-0483 ext. 141 or email us at:
libraryweb@icseminary.edu

REFRESHMENTS WILL BE SERVED!

* The Seminary is 3 miles North of Main Street in Huntington village. Library is on the 4th floor.

15-2/2/2020

Pope Francis calls us to celebrate
"Word of God Sunday"



Join BISHOP ANDRZEJ and
IGNIS ANGELICUS - Angelic Fire Choir,
Soloists and Orchestra of St. Aidan's
Parish for a special prayer service and
reflection on the importance of
Scripture in Liturgy and Christian life.

January 26, 2020
Church of St. Aidan
3pm

505 Willis Avenue, Williston Park, NY 11596

All Are Welcome

UPCOMING EVENTS

**Come join Fr. Mickey Bancroft in
Oberammergau (the Passion Play)
Salzburg, Austria • Venice, Italy
& Milan, Italy (Last Supper) 2020**

Friday, August 28 - Sunday, September 6, 2020 • Eight Nights
\$4,500.00 per person *based on double occupancy*

**Shroud of Turin • Leonardo da Vinci's Last Supper
Lake Cuomo • Duomo • and much more**

Includes: • Daily Mass • Sightseeing • Round trip airfare from JFK
• 6 nights in 4 star hotels • 2 nights in Oberammergau
• Daily Breakfast plus 2 dinners & 1 lunch • Tickets to the Passion Play
• Memories to last a lifetime!



www.regina-tours.com

Contact Fr. Mickey: 631-323-1323
or Regina Tours
212-594-8787 ext. 225
or email: gmurasso@groupist.com

**Spirituality For Singles - Monthly Singles
Gathering**

Saturday, Feb 1, 2020, 8:30PM

St. Aidan Parish, 510 Willis Ave., Williston
Park, NY, 11596

Our Monthly gathering for singles; discussion
and socialization.

Ages 35+; \$5.00 donation - snacks, pizza and
beverages will be served.

Contact: Ray (516) 561-6994 or

spiritualityforsingles@gmail.com



“Getting Ahead in a Just-Getting By World”

An Invitation to Serve, in the District Council of Nassau North

We all know how the Society of St. Vincent de Paul regularly provides charitable assistance to neighbors in need. Beginning with the home visit, Vincentians perform numerous good deeds, many of which involve financial assistance (rent & utility bills), immediate needs assistance (food, furniture, etc.)

and also counseling.

However, the challenges facing those in poverty are ever more acute today. The “Getting AHEAD” program, offered by the Society of St. Vincent de Paul across the country, is one approach to help these neighbors rise above the “tyranny of the moment” or crisis mode in which they are too often bound. It also answers the questions raised by many Vincentians: “What more can I do for my neighbor beyond the traditional home visit?” and “Is there a structured process I can become involved with that would make a difference?” If you are interested in joining, please email: svdpstgertrudes@gmail.com



Msgr. Jim Vlaun
Executive Producer
www.religionandrock.com

Dear Friend of "Religion and Rock" and our television shows on *Catholic Faith Network*,

Thanks for promoting our shows and for your help in our communication ministry! The weekly themes for "Religion and Rock" are below along with a suggestion for weekly publication in your bulletin or website.

We have included a NEW bulletin announcement which includes our newest affiliate, *Sirius Radio, Channel 159, the Catholic Channel*.

Again, a sincere thanks for your longtime support!

Msgr. Jim Vlaun, Host

January 2020

5 Remaining Excited
12 Life's Struggles
19 Unity
26 Searching for a Meaning

February

2 Forgiveness
9 Relationships
16 Leadership
23 Sacrifice

March

1 Renewal
8 Commitment
15 Traditions
22 Coping
29 Spirituality

April

5 Poverty
12 Triumph
19 Issues in Life
26 Community

May

3 Outdoor Experience
10 Parents
17 Prayer
24 Remembering
31 Boredom/Routines

June

7 Graduation
14 Relaxation
21 Being Joyful
28 Special Days

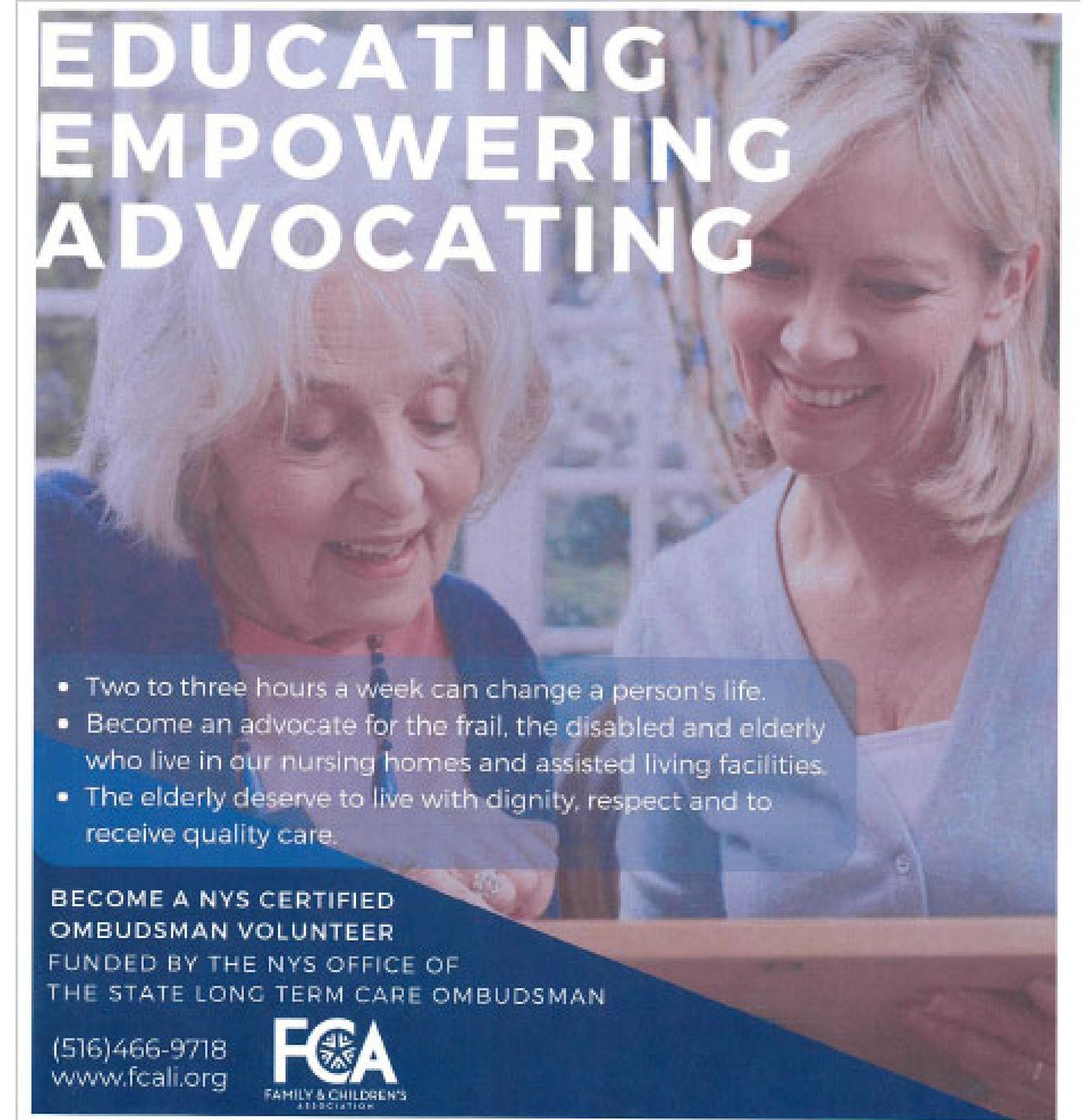
SUGGESTED COPY FOR WEEKLY PUBLICATION:

Tune into "Religion and Rock" with Msgr. Jim Vlaun on Sunday from 7:00 AM- 8:00 AM on WBAB 102.3 FM or 95.3 FM on Long Island's East End. Listen on Saturdays at 11:00 PM on *Sirius Radio, Channel 159, the Catholic Channel* and at 11:00 PM on XM Satellite, Channel 117. Next Sunday's theme is _____, don't miss it! To listen online or receive more information regarding *Religion and Rock* go to www.ReligionandRock.com or at "Religion & Rock" on *ITUNES*.

Don't forget to tune into CATHOLIC FAITH NETWORK, Cablevision Channel 29/137 or Verizon FIOS 296 or visit www.cfnw.org !

To receive this announcement electronically, please email nayroso@cfnw.org

1200 Glenn Curtiss Blvd., Uniondale, New York 11553 Phone (516)538-8704 Fax (516)489-9701



EDUCATING EMPOWERING ADVOCATING

- Two to three hours a week can change a person's life.
- Become an advocate for the frail, the disabled and elderly who live in our nursing homes and assisted living facilities.
- The elderly deserve to live with dignity, respect and to receive quality care.

BECOME A NYS CERTIFIED
OMBUDSMAN VOLUNTEER
FUNDED BY THE NYS OFFICE OF
THE STATE LONG TERM CARE OMBUDSMAN

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The Life Enrichment Center at Oyster Bay

Open Monday to Friday
 Day Programs: 8:30am to 4:30pm
 Evening Programs: 5:00pm to 8:00pm



- The Connections You Need for Vital Social Services
Entitlement Screenings and Complimentary Needs Evaluation
- Social Adult Day Care Program for Frail or Memory-Impaired Individuals - **Complimentary Trial Visit**
- Hot Nutritious Lunches & Transportation*
- Engaging Social Activities – Fitness, Music, Dance, Lectures, Popular Games, Trips...
- Evening Fitness Classes & Activities for Adults
- Caregivers Support Services and Group Discussions

*Lunch and transportation programs are made possible with funding from the Nassau County Department of Human Services, Office for the Aging through New York State Office for the Aging and U.S. Administration on Aging, Town of Oyster Bay.

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The Center is a 501(c)3 which relies heavily on contributions. An Annual Report and Audited Financials are available online.

**Membership
Is FREE.**

Info@lifeenrichmentcenteroysterbay.org



The Life Enrichment Center at Oyster Bay

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PROGRAMS FOR FRAIL AND MEMORY IMPAIRED SENIORS

What's the best kept secret in Oyster Bay?

The Day Break Program at the Life Enrichment Center, a Social Model Adult Day Care program serving frail and memory-impaired seniors since 1999. Day Break provides high-quality, affordable therapeutic services in a safe, comforting and socially engaging environment. Participants benefit from cognitive activities, exercise, music, social interaction and much, much more. Aging at home presents many challenges; the Day Break Program can improve the quality of life of both participant and caregiver. **Long term care insurance and Medicaid MLTCs accepted.** For a **free trial visit**, contact Ruth Humphreys at 516-558-7211.

Social Activities & Vital Services for Individuals 55+

Wonderful opportunities for active seniors and newly retired individuals.

To receive a monthly calendar call 516-922-1770 or visit our website:

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The *IRA Charitable Rollover* is back and is now permanent!

What's called a rollover is actually a "qualified charitable distribution" that can be made to our Parish.

If...

You are at least 70 1/2 years old on the date you make your gift

Your IRA is a traditional or Roth

You don't exceed your personal maximum of \$100,000 per year in qualified charitable distributions

You will not have to report your distribution as income. It will be free of federal and New York State income tax, and it will count toward your required minimum distribution (RMD).

The best way for you to start is with your IRA custodian. Tell them you want to make a "qualified charitable distribution". In most cases you will only have to fill out a simple form.

VERY IMPORTANT!! Your gift must go directly from your IRA to the Parish. If you receive the money first then you'll be taxed on it like any other distribution.

Example: Mrs. Connors, age 76, has \$125,000 in a traditional IRA and would like to contribute \$5,000 to her Parish in 2016. Upon hearing of the Charitable IRA Rollover opportunity, she directs the custodian of her IRA to transfer this amount not later than December 31, 2016 directly to the Parish as a 2016 gift. She will not be subject to income tax on her \$5,000 qualified charitable distribution.

This information is not intended and should not be construed as legal, tax or investment advice. For such advice, please consult an attorney, tax advisor or investment professional.

Wills and Bequests have the power to impact future generations. It's so easy to include our Parish in your Will and still provide for loved ones. You may be able to make a simple bequest by adding the following language:

"I give and bequeath the sum of \$ _____ (or the % of), to be used for the general program of St. Gertrude Parish, a Catholic Church in the Diocese of Rockville Centre."

Ensure the future vitality of our Parish with your charitable bequest or consider other Estate Planning options, such as designating our Parish as beneficiary of a life insurance policy or an IRA account.

To receive a brochure about Wills and Bequests, please call Barbara Kilarjian at 516-379-5210 ext. 229



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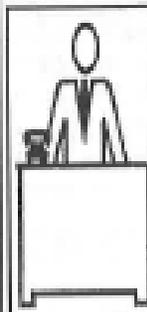


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