

THE ROMAN CATHOLIC CHURCH OF ST. GERTRUDE

28 School Street, Bayville, N.Y. 11709

CLERGY OF THE PARISH

Rev. Msgr. Robert O. Morrissey, Pastor
Rev. Gabriel Miah, Assoc. Pastor
Deacon Ted Kolakowski

PARISH OFFICE HOURS:

Monday to Thursday: 9:00am—4:00pm
(closed from 12-12:30pm for lunch)
Friday: 9:00am-12:00pm

LITURGICAL SCHEDULE

Masses

Saturday: 8:30am & 5:00pm

Sunday: 7:30am, 9:30am (Family Mass), 11:30am

Weekdays: 8:30am

Holy Day: 5:00pm Vigil Mass, 8:30 am & 7:30pm

Rosary every morning after 8:30am Mass

Exposition of the Blessed Sacrament and
Benediction 1:00pm to 3:00pm Wednesdays
except holidays

Reconciliation/Confession:

Saturdays: 4:00-5:00pm & by appointment

SACRAMENTS

Anointing of the Sick: Available upon request.
Scheduled offering the last Sunday of the month
following the 11:30 Mass.

Baptism: Third Sunday each month at 1:00pm.
Prior parent and sponsor interviews with priest or
deacon required.

Marriage: Arrangements must be made in person
with priest at least 6 months in advance & prior to
reception arrangements.

OUTREACH—Pantry Hours:

St. Gertrude: Friday 8:30am-9:30am
United Methodist: Every other Sat. 9:00am-12:00pm

St. Vincent de Paul (516) 584-4090

Email: svdpstgertrudes@gmail.com

SVDP store locations:

- 1.) 1425 New York Avenue, Huntington Station
- 2.) 2160 Jericho Twp., Garden City Park
- 3.) 249 Broadway, Bethpage



PARISH OFFICE: Phone: (516) 628-1113

Marie Levchuck, Parish Secretary

Email: parishoffice@stgerts.org

Michele Drago, Bulletin Editor

Email: bulletin@stgerts.org

Fax: (516) 628-9032

Website: www.stgerts.com

PARISH CENTER

Preschool:

Tina Mihaltses, Director, Phone: (516) 628-3710

Email: stgertprek@stgerts.org

Religious Education:

Dr. James Sheehan, Director, Phone: (516) 628-2432

Email: faithformation@stgerts.org

FEBRUARY 28, 2021

SECOND SUNDAY OF LENT

*Jesus was transfigured before them,
and his clothes became dazzling white.*

Mark 9:2-3



New to our Parish? We welcome you and ask that you please stop into our Parish office to register. *The Lord told Israel to reach out to newcomers and welcome them (Leviticus 19:36).*

Remembering. . .

SUNDAY	February 28
7:30am	CPT Thomas A. McAdams +
9:30am	Robert Awe +
11:30am	Andrew DeNatale +
MONDAY	March 1
8:30am	Lucile & Marcel Palmaro, Sabin & Sobrino families +
TUESDAY	March 2
8:30am	Elisa Dammacco (L)
WEDNESDAY	March 3
8:30am	Reza Nabavi +
THURSDAY	March 4
8:30am	Lucile & Marcel Palmaro + Sabin & Sobrino families +
FRIDAY	March 5
8:30am	Lucile & Marcel Palmaro + Sabin & Sobrino families +
SATURDAY	March 6
8:30am	Simone Crettol +
5:00pm	For the Parishioners of St. Gertrude

TODAY'S READINGS

First Reading — The sacrifice of Abraham, our father in faith (Genesis 22:1-2, 9a, 10-13, 15-18).

Psalm — I will walk before the Lord, in the land of the living (Psalm 116).

Second Reading — If God is for us, who can be against us? (Romans 8:31b-34).

Gospel — Jesus was transfigured before them, and his clothes became dazzling white (Mark 9:2-10).

The English translation of the Psalm Responses from the *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

Presider's Schedule: (subject to change)

Saturday, March 6th: 5:00pm—Fr. Gabriel

Sunday, March 7th: 7:30am—Msgr. Morrissey

9:30am—Fr. Gabriel

11:30am—Msgr. Morrissey

Second Sunday of Lent February 28, 2021

If God is for us, who can be against us?

— *Romans 8:31b*

Bonds Loosed: Reflection on the Second Sunday of Lent.

The Lenten season continues with another story of testing. Last Sunday, we heard the trial of Jesus in the desert. In this week's First Reading, we hear of how Abraham was put to the test.

The Church has always read this story as a sign of God's love for the world in giving His only-begotten son.

In today's Epistle, Paul uses exact words drawn from this story to describe how God, like Abraham, did not withhold His only Son, but handed Him over for us on the Cross (see [Romans 8:32](#); [Genesis 22:12,16](#)).

In the Gospel today, too, we hear another echo. Jesus is called God's "beloved Son"—as Isaac is described as Abraham's beloved son.

These readings are given to us in Lent to reveal Christ's identity and to strengthen us in the face of our afflictions.

Jesus is shown to be the true son that Abraham rejoiced to see (see [Matthew 1:1](#); [John 8:56](#)). In His transfiguration, He is revealed to be the "prophet like Moses" foretold by God—raised from among their own kinsmen, speaking with God's own authority (see [Deuteronomy 18:15, 19](#)).

Like Moses, He climbs the mountain with three named friends and beholds God's glory in a cloud (see [Exodus 24:1, 9, 15](#)). He is the one prophesied to come after Elijah's return (see [Sirach 48:9-10](#); [Malachi 3:1, 23-24](#)).

And, as He discloses to the Apostles, He is the Son of Man sent to suffer and die for our sins (see [Isaiah 53:3](#)).

As we sing in today's Psalm, Jesus believed in the face of His afflictions, and God loosed Him from the bonds of death (see [Psalm 116:3](#)).

His rising should give us the courage to face our trials, to offer ourselves totally to the Father—as He did, as Abraham and Isaac did.

Freed from death by His death, we come to this Mass to offer the sacrifice of thanksgiving, and to renew our vows—as His servants and faithful ones.

By Dr. Scott Hahn



Norman Anastacio Tom Kolakowki

Please call the Parish office to add a person to our prayer list. Names will remain for 6 weeks. Please also call the Parish office to leave the names of parishioners who are homebound and would like to receive the Eucharist or would like to receive the Sacrament of the Sick.



Those serving in our military:

Lord, hold our troops in your loving hands. Protect them as they protect us. Bless them and their families for the selfless acts they perform for us in our time of need. I ask this in the name of Jesus, our Lord and Savior. Amen”

- | | | |
|-------------------------------|---------------------------|-----------------------------|
| LT Travis J. Buffa | LT Cmdr. Melissa Buffa | Pfc. Mark Chuisano |
| LT Mary Grace Colluci | Major Janet R. Erazo | Cmdr. Cynthia Keating |
| 2nd LT Glenn Harvey | LT Col. Paul J. LoBue | PO3 Gregory Steiner |
| Major Nicholas Lorusso | Sgt. 5 Jose Marin | Airman Bryan Mollitor |
| Pfc. Duncan Moskowitz | Major James Nicholson | LT Col. Sean Patak |
| Captain Brian Peguillan | LTJG William P. Hegarty | Sfc. Sean P. Schenck |
| Hosp. Medic Matthew D. Perez | LT Sean Riordan | Cpl. Jason Roland |
| Capt. Thomas E. Rojek | Cpl. Brendan Roethel | Spc. Chase Tucker |
| M Sgt. Donald J. Tucker | Sp. Trevor Tebaldi | Sgt. William Trotta, Jr. |
| LT Terrance Thorgramson | 2nd LT James Andrew Baker | Major Chad Lennon |
| LT Emily W. Hegarty | LT Elizabeth G. Hegarty | Ens. James Figari |
| US Army E-1 Richard F. Charon | LT Alexander Van Patten | USAF PFC Matthew A. Passero |

If you would like to inform us of any family member or friend who has been called to active service or for a name to be removed, please call our Parish office.



Stations of the Cross—Fridays during Lent at 7:30pm in the Church.

Parish Financial Summary

Sunday collections (including Faith Direct):
February 21, 2021: \$5,317.25



St. Gertrude Parish Pantry Needs:
Cereal, 1-2 lb. bags of white rice, black beans, jar pasta sauce, spaghetti, peanut butter and jelly, canned tuna fish, coffee, plastic bottles of juice, paper towels & toilet paper, baby wipes and baby diapers in sizes 2, 4, 5 & 6.

Donations to be placed in back of church under choir loft (like with the Christmas toys).

Pantry hours are every Friday from 8:30am—9:30am in the lower Church.

NEW: United Methodist Church Outreach. 9 Mountain Ave, Bayville NY 11709.
1-Food Pantry opened every OTHER Saturday 9-12. Next Jan 30, 2021. Cars line up, do NOT get out of car, volunteer will bring food out to your car. 2-Thrift Shop opened EVERY Saturday 10-4. Masks and social distancing observed. In event of inclement weather, please call Ann Albro @ 516-647-5943 for the Methodist Church.

Just a friendly reminder to please be aware of food expiration dates. Thank you!



Thank you for your prayerful and generous support of our parish family.

Faith Direct

We invite you at St. Gertrude in setting up recurring eGiving though Faith Direct. Thanks to eGiving, your weekly offertory will be automatically taken care of, which saves you time and saves our parish money by eliminating all those unused offertory envelopes. Getting started is easy! Visit faith.direct/NY83. Thank you.

Rest in Peace 

Edward B. Fitzpatrick, Jr.
The Parish of St. Gertrude extends its prayerful condolences to his family and friends.

Due to the Diocesan directive, Missalettes have been removed from the pews. However, you now have the opportunity to purchase one. A basket is placed on the table next to the grotto of Our Lady of Lourdes. Please donate a min. of \$5 to help our Parish defray the cost of the Missalettes.

Entrance Hymn: The Glory of the Forty Days

1. The glory of these forty days we celebrate with songs of praise; for Christ, by whom all things were made, Himself has fasted and has prayed.
2. Alone and fasting Moses saw the loving God who gave the law; and to Elijah, fasting, came the steeds and chariots of flame.
3. So Daniel trained his mystic sight, delivered from the lions' might; and John, the bride-groom's friend, became the herald of Messiah's name.

Text: LM; Clarum decus jejunii; St. Gregory the Great, ca. 540-604; tr. fr. The English Hymnal, 1906; Maurice F. Bell, 1862-1947, alt. Music: J. Klug's Geistliche Lieder, Wittenberg, 1543; adapt. by Johann Sebastian Bach, 1685-1750, alt.

Offertory Hymn: Transfigure Us O Lord

Refrain: Transfigure us, O Lord, transfigure us, O Lord. Break the chains that bind us; speak your healing word, and where you lead we'll follow. Transfigure us, O Lord.

1. Down from heights of glory into the depths below, the love of God self-emptied, the love of God to show. You light the path before us, the way that we must go.
2. Light for those in darkness, the hungry have their fill, glad tidings for the humble, the healing of all ills; in these we glimpse your glory, God's promises fulfilled.
3. Pardon for the sinner, a shepherd for the sheep, a drink of living water for all who thirst and seek, and feasting at your table, the lowly and the least.

Text: CMD; based on Joel 2:12-13; Matthew 4:1-4; Mark 1:12-15; John 4:5-42; Bob Hurd, © 1996, Bob Hurd. Published by OCP. All rights reserved. Music: Trad. English melody; English Country Songs, 1893; adapt. by Ralph Vaughan Williams, 1872-1958.

Communion Hymn: One Bread, One Body

Refrain: One bread, one body, one Lord of all, one cup of blessing which we bless. And we though many, through out the earth, we are one body in this one Lord.

1. Gentile or Jew, servant or free, woman or man, no more.
2. Many the gifts, many the works, one in the Lord of all.
3. Grain for the fields, scattered and grown, gathered to one, for all.

Text: Based on 1 Corinthians 10:16-17; 12:4, 12-13, 20; Galatians 3:28; Ephesians 4:4-6; The Didache 9. Text and music © 1978, John B. Foley, S.J., and OCP. All rights reserved.

Recessional Hymn: Christ Be Our Light

Refrain: Christ, be our light! Shine in our hearts, shine through the darkness. Christ be our light! Shine in your church gathered today.

1. Longing for light, we wait in darkness. Longing for truth, we turn to you. Make us your own, your holy people, light for the world to see.
2. Longing for peace, our world is troubled. Longing for hope, many despair. Your word alone has power to save us. Make us your living voice.
3. Longing for food, many are hungry. Longing for water, many still thirst. Make us your bread, broken for others, shared until all are fed.

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DIOCESE OF ROCKVILLE CENTRE
OFFICE OF THE BISHOP

Lent 2021

Dear Friends:

"The Spirit drove Jesus out into the desert, and he remained in the desert for forty days, tempted by Satan...After John had been arrested, Jesus came to Galilee proclaiming the Gospel of God."(Mark 1:12 – 14) Each year on the First Sunday of Lent, the Church presents for our reflection and prayer the experience of Jesus in the desert. Jesus's experience in the desert follows immediately upon His baptism by Saint John the Baptist and immediately precedes His public ministry and proclamation of the Kingdom of God, in word and in deed. Saint Mark points out to us that the Spirit, who had just descended upon Jesus in the form of a dove, drove Jesus into the desert.

The desert was a barren place, a place of lifelessness, the home of the devil and evil. The Spirit sends Jesus into the desert to prepare himself for the years of His public ministry, ultimately leading to His Death and Resurrection. Jesus spends time away from the world to prepare himself. But He also goes forth into the desert to begin His battle against evil, sin and death. Jesus goes into the very dwelling of evil to begin the confrontation. This battle will continue throughout the rest of Jesus's life. The ultimate victory will come on Good Friday through His ultimate act of love on the Cross. Our yearly experience of Lent, our forty day "desert experience," can be viewed in the same way. We are inspired and sent by the Spirit to spend some time apart from the world of noise and recover the beauty of silence. But, we are also sent to do battle.

Our experience of true silence should allow us the opportunity to both listen to the voice and promptings of God as well as to better know ourselves. This personal battle against sin and evil can be painful, because we come to realize that we are all in need of constant conversion. There are real changes each and every one of us need to make in our lives and our hearts this Lent. But like Jesus, we are not alone. The Lord was ministered to by angels during His forty days in the desert. We are constantly aided by our guardian angels, by the angels and saints in heaven, by the community of the baptized, and by the grace of the sacraments of the Church. Like Jesus, we need to emerge from the desert ready to take on the evils of the world and work to spread the Gospel.

It was only a few short weeks into Lent 2020 that the experience of Covid-19 made radical changes to our society, our Church, and our families. The experience of desert isolation was no longer a metaphor but a lived reality. The experience of having our parishes locked down for months was painful for all of us. Many of us still experience this isolation in many ways. But as Christians we always remain men and women of hope. We know that the Cross of Good Friday leads to the empty tomb of Easter Sunday.

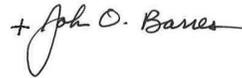
Pope Francis has declared this year as a special Year of Saint Joseph. In Saint Joseph we find a man of profound hope and strength as well as prayerful silence. Scripture does not record one word spoken by Saint Joseph. But Scripture does tell us of his unwavering faith and trust, which go beyond words. Following Jesus, and like Saint Joseph, men and women in the first centuries of the Church began to leave the towns and villages and settle in the isolation of the desert. Like the Lord, they sought to rid themselves of the distractions of everyday life so they too could do battle with evil, and through their quiet example proclaim the Kingdom of God.

This continued throughout the history of the Church, even to our present moment. Saint Antony, Saint Benedict, Saint Bruno, and so many others show us the lived experience of the desert is not an escape from the reality of life but a privileged encounter with the Lord and a revelation of our true selves. While most of us are not called to the monastic or solitary life, the last twelve months have given each of us an experience of solitude. We are encouraged to remain "socially distant." In the midst of the real suffering and hardships this has caused, perhaps the hidden grace is that it has led us to be "temporary monastics."

DIOCESE OF ROCKVILLE CENTRE
OFFICE OF THE BISHOP

Our typical Lenten "desert experience" of forty days has lasted a bit longer. But we will come out of it! And like the Lord, when we emerge our goal is to proclaim the Gospel of God according to our vocation and the graces given to us. In addition to our personal sins and the evils present in our own hearts, we live in a world that is right now suffering from real physical illness as well as real division and hurt of every kind. Jesus emerged from the desert bringing the healing presence of God to all he encountered. As the baptized, the Church, the continuing presence of Jesus in the world, we need to do the same. The same Holy Spirit that drove Jesus into the desert is driving us on.

Sincerely in Christ,



Most Reverend John O. Barres
Bishop of Rockville Centre

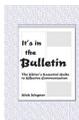


Please call the Parish office at (516) 628-1113 to receive a letter of your yearly contributions to St. Gertrude parish.

For the Capitol Campaign donations, a separate letter will be automatically sent to your home for donations \$250.00 or greater. Should you require a letter for contributions under \$250, please call the Parish office.



2021 Catholic Ministries Appeal:
Goal: \$55,000
Pledges to date: \$80.00 (2 pledges)



As a reminder, if you are not able to attend Mass one week, you can receive the bulletin directly by signing up at <https://ebulletin.jspaluch.com> or <https://www.jspaluch.com/Subscribe>. Alternatively, please call the Parish office at (516)628-1113 to share your email with us and we can place you on the distribution list.



DEEPEN YOUR LENTEN DEVOTION - "Journeying through Lent and through Life."

Join the Friends of the Seminary **Sunday, March 7, 2021**, 9:30 am to 3 pm. Msgr. Charles Fink will present a Lenten Day of Prayer including Mass, spiritual reflections, lunch and Stations of the Cross.

Attendance limited; masks required. \$50 donation. Reservations required: (631) 423-0483 x 102; bmalone@icseminary.edu; www.icseminary.edu

There are some great articles in the Feb. edition of the TLIC Magazine. The electronic link is: <https://catholicmagazines.org/magazine-archive/long-island-catholic/rvc0221> . To subscribe, you can visit www.licatholic.org or call 1-800-443-215



The CFN Telethon is this weekend - Sat 2-10 and Sun. 12-10pm. . This exciting weekend will feature guests from around the world, thrilling performances and inspirational interviews. CFN is available on your local cable providers as well as on Roku, Apple TV, Amazon Fire TV, Android and the free CFN app. The Catholic Faith Network continues to be there for you during these challenging times and we ask that you help us continue in our mission. If you have capacity to give this year, please do. Consider making a donation by phone or by visiting www.CFNtv.org.



Preschool News: The children were happy to be back after the Presidents' week break, even the two year olds were glad to see their teachers and classmates again. Miss Carmela's two year old class started working on a lion and lamb craft for next week, they also worked on the letter M. Miss Meredith's three year old class started their five senses unit with projects on rain sticks and Jell-O painting, they worked on the letter Q. Miss Michelle's threes made ice skates and hibernating bears, they worked on the letter R. Miss Janice's four year old class made Mardi Gras masks and Dr. Seuss hats, in honor of his birthday; they also studied the letter P.



A WEDDING IS A DAY
A MARRIAGE IS A LIFETIME

Great News - Worldwide Marriage Encounter has gone "Virtual"!

To support married couples during this time of social distancing, Worldwide Marriage Encounter is sponsoring virtual marriage experiences. Some are on weekends and some span multiple weeks on a given weekday. Couples will explore their individual personality styles, improve listening and communication skills, understand God's plan for their marriage, and learn how to keep their relationship a priority.

Registration is limited and a \$100 application fee is required. For more information or to apply, call John & Toni Torio at 718-344-3700 or visit them at <https://wwmenyli.org/>.

"This is my beloved Son. Listen to him." Let us learn to listen better to each other and God by participating in a virtual Worldwide Marriage Encounter experience on Friday/Saturday/Sunday March 19-21

Do you need to fulfill your Marriage Prep Requirement?

Engaged Encounter is an effective Pre-Cana program designed to provide you with the tools for a successful marriage. Couples are provided with social-distancing during this time. Our next 2-day weekend will be held at the Seminary of the Immaculate Conception in Huntington on March 6-7, 2021.

For information please call Lenny & Pat Walker at 631-563-1032 or visit:

www.longisland.engagedencounter.com to register.



Weekend Music Ministry Schedule

Saturday 5:00 pm Organist & Cantor[s]
 Sunday 7:30 am Instrumental
 Meditation
 9:30 am Family Mass Musicians
 11:30 am Adult Choir

St. Gertrude Church Renovation Campaign - Pledge Update

"Preserve Our Past - Envision our Future"

Total Pledged	\$1,109,172
Paid to Date	\$ 871,816
Balance Due	\$ 237,356
% of Pledges Paid	79%
# of Gifts	288
Average Gift	\$ 3,851

Making your pledge or payments by Credit or Debit card is easy and convenient

Making your one time gift or recurring pledge payments is easy, simply log onto the parish web-site at www.stgerts.com and click on the e-giving link to begin. Please remember to select the Capital Campaign as your payment option.

All Pledges & One-time Gifts are welcomed very much appreciated!

Thank you for your prompt pledge payments!

Pledge reminders are mailed on the 1st of each month, if you have not received a reminder or have any questions about your payment schedule, please call Andy White (Parish Development) at 516-607-3635.



Office of the Western Vicariate

Diocese of Rockville Centre

42 Bermingham Place

Williston Park, NY 11596

516-744-6850; westernvicariate@drvc.org

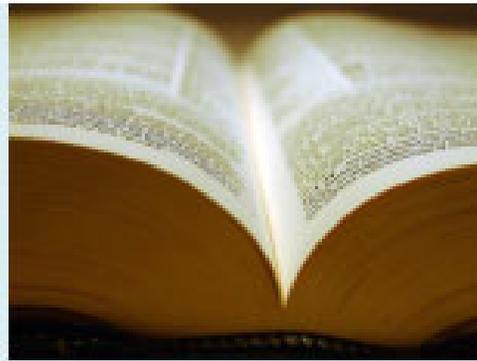
Bishop Andrzej's Lectare Series Continues

Liturgical Catechesis

Bishop Andrzej Zglejszewski

Auxiliary Bishop, Diocese of Rockville Centre

Vicar for Liturgy and Worship



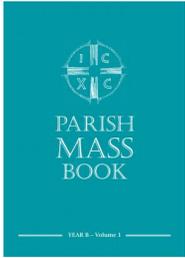
Tuesdays this Spring @ 7:30 p.m.

- | | |
|----------------|---|
| February 23 | Liturgy and Our Covenant with God...online via ZOOM |
| March 23 | Liturgy and the Paschal Mystery in Us...online via ZOOM |
| April 27, 2021 | Liturgy and St. John Paul II Reform |
| May 25, 2021 | Liturgy and Personal Growth |

So that Bishop Andrzej can safely continue his Liturgical Catechesis lecture series, presentations in February and March will be available **only** through ZOOM. In order to be emailed the ZOOM link, you must register. Please see below for instructions on how to register in order to gain access to these presentations. If you already receive updates regarding Bishop Andrzej's presentation schedule, the ZOOM link will automatically be emailed to you.

Please call or email to register:

Suzanne Lynn at 516-744-6850; westernvicariate@drvc.org.



MASS INTENTIONS

One part of Catholic culture that is sometimes hard to understand and very often misunderstood is the custom of offering Mass intentions.

When a priest celebrates Mass each day, he *offers* each celebration of the Eucharist for a particular person, or intention. By doing so he applies special graces from God upon that person or intention.

Similar to how we are able to intercede for others by our personal prayers, the Church is able to intercede for us through the celebration of the Mass. However, since the Eucharist is the “source and summit of the Christian life” the Mass possess a power that our personal prayers do not. The practice of offering Mass for particular intentions is an ancient one, dating back to the early Church.

Pope Paul VI said, “the Mass is the most perfect form of prayer!” It has immense power and countless miracles and conversions have occurred throughout the centuries by offering Masses for a specific intention or person. Mass intentions are a great treasure of the Church and have a spiritual weight that is incalculable.

Don't miss out on these graces for yourself and those you love. Please call or stop in the Parish office at(516) 628-1113.



Catholic Health Services' Skilled Nursing Facilities

Recognized for Excellence

CHS offers three highly recognized skilled nursing facilities, providing both short- and long-term care for patients and residents.

Good Samaritan Nursing & Rehabilitation Care Center, Sayville

St. Catherine of Siena Nursing & Rehabilitation Care Center, Smithtown

Our Lady of Consolation Nursing & Rehabilitative Care Center, West Islip

CHS sees each individual as a whole, requiring care of the body, mind and spirit. Safe, compassionate care in the Catholic tradition.

Caring isn't just what we do. It's who are.

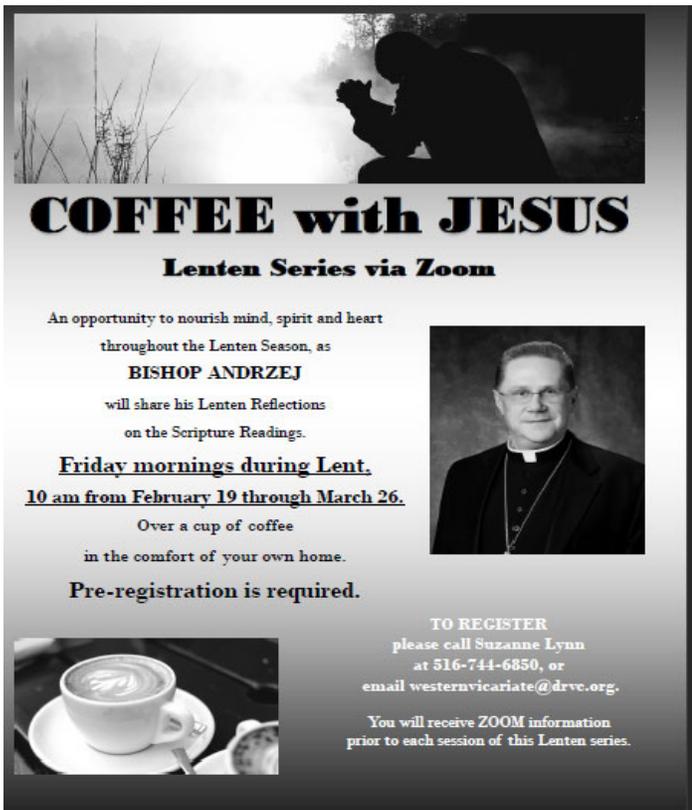
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Seminary of the Immaculate Conception, 440 West Neck Road, Huntington, NY 11743
ehaves@icseminary.edu, 631-423-0483 x141

We have an interlibrary loan service, lectures in the library, and even some online content (such as podcasts) that you could take advantage of. If you are within driving distance, you are also welcome to apply for a courtesy card and borrow materials directly when you visit.

Our collection began years ago as strictly an academic library, but since the priestly formation program changed a few years ago (and our seminarians moved up to Yonkers), we have varied the collection a bit so that it can appeal to the general reader wanting to deepen their faith. Our book collection includes lots of books on spirituality, saints, popular apologetics, and so forth. We also have current Catholic periodicals, sacred music on CD, and even DVDs.

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COFFEE with JESUS
Lenten Series via Zoom

An opportunity to nourish mind, spirit and heart throughout the Lenten Season, as **BISHOP ANDRZEJ** will share his Lenten Reflections on the Scripture Readings.

Friday mornings during Lent.
10 am from February 19 through March 26.

Over a cup of coffee in the comfort of your own home.

Pre-registration is required.

TO REGISTER
please call Suzanne Lynn at 516-744-6850, or email westernvicariate@drv.org.

You will receive ZOOM information prior to each session of this Lenten series.



“...let us stand beside our brothers and sisters in need, sharing our spiritual and material goods with them.”
- Pope Francis

Almsgiving in Lent

During the Lenten Season we are asked to pray, fast and give alms.

Lent is a perfect time for us to pray for those in need - whether it is for their material, emotional or spiritual needs. And when you practice fasting and abstinence during these forty days, please remember those of our neighbors who are hungry, and consider sharing your gifts with them.

One way to do this is by making a gift to the **Catholic Ministries Appeal**, which supports programs that help to feed people in our community each year through Catholic Charities and our Parish Outreach programs.

Have you thought about “fasting” from a regular purchase of something – i.e., a hand-crafted beverage? Over a 10 month period, this simple “fast” can serve many people need!

\$6.25 a week for one month is \$25 -- over 10 months it is \$250.



[For more information about the Catholic Ministries Appeal, please visit CatholicMinistriesAppeal.org](https://www.CatholicMinistriesAppeal.org) or call 516-678-5800 ext. 296.

Resources Available

FAMILY, MARRIAGE AND INDIVIDUAL THERAPY

Family, marriage and individual therapy, provided by New York State licensed therapists including therapists who specialize in Depression, Divorce Mediation and Domestic Violence, are available to our parishioners at 147 other parishes. This program, under the direction of Dr. George Giuliani, has been conducted in the diocese for the past 41 years for the convenience of parishioners. It is provided by the Catholic Counseling Center, which is independent of and not controlled or supervised by the parish or diocese. Most insurance policies, including Medicare, are honored. We are currently looking for licensed therapists in Nassau, Suffolk and Queens. For confidential information and appointments, please call Dr. Giuliani at the Catholic Counseling Center at (631) 243-2503 or go to our website at: <http://www.thecatholiccounselingcenter.com>.



“Getting Ahead in a Just-Getting By World”

An Invitation to Serve, in the District Council of Nassau North

We all know how the Society of St. Vincent de Paul regularly provides charitable assistance to neighbors in need. Beginning with the home visit, Vincentians perform numerous good deeds, many of which involve financial assistance (rent & utility bills), immediate needs assistance (food, furniture, etc.) and also counseling.

However, the challenges facing those in poverty are ever more acute today. The “Getting AHEAD” program, offered by the Society of St. Vincent de Paul across the country, is one approach to help these neighbors rise above the “tyranny of the moment” or crisis mode in which they are too often bound. It also answers the questions raised by many Vincentians: “What more can I do for my neighbor beyond the traditional home visit?” and “Is there a structured process I can become involved with that would make a difference?” If you are interested in joining, please email: svdpstgertrudes@gmail.com

A Great Place to Eat Lunch, Socialize, Stay Fit, Have Fun and Get Support



The Life Enrichment Center at Oyster Bay

Open Monday to Friday
 Day Programs: 8:30am to 4:30pm
 Evening Programs: 5:00pm to 8:00pm



- The Connections You Need for Vital Social Services
Entitlement Screenings and Complimentary Needs Evaluation
- Social Adult Day Care Program for Frail or Memory-Impaired Individuals - **Complimentary Trial Visit**
- Hot Nutritious Lunches & Transportation*
- Engaging Social Activities – Fitness, Music, Dance, Lectures, Popular Games, Trips...
- Evening Fitness Classes & Activities for Adults
- Caregivers Support Services and Group Discussions

*Lunch and transportation programs are made possible with funding from the Nassau County Department of Human Services, Office for the Aging through New York State Office for the Aging and U.S. Administration on Aging, Town of Oyster Bay.

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The Center is a 501(c)3 which relies heavily on contributions. An Annual Report and Audited Financials are available online.

**Membership
Is FREE.**

Info@lifeenrichmentcenteroysterbay.org



The Life Enrichment Center at Oyster Bay

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PROGRAMS FOR FRAIL AND MEMORY IMPAIRED SENIORS

What's the best kept secret in Oyster Bay?

The Day Break Program at the Life Enrichment Center, a Social Model Adult Day Care program serving frail and memory-impaired seniors since 1999. Day Break provides high-quality, affordable therapeutic services in a safe, comforting and socially engaging environment. Participants benefit from cognitive activities, exercise, music, social interaction and much, much more. Aging at home presents many challenges; the Day Break Program can improve the quality of life of both participant and caregiver. **Long term care insurance and Medicaid MLTCs accepted.** For a **free trial visit**, contact Ruth Humphreys at 516-558-7211.

Social Activities & Vital Services for Individuals 55+

Wonderful opportunities for active seniors and newly retired individuals.

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www.lifeenrichmentcenteroysterbay.org

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The *IRA Charitable Rollover* is back and is now permanent!

What's called a rollover is actually a "qualified charitable distribution" that can be made to our Parish.

If...

You are at least 70 1/2 years old on the date you make your gift

Your IRA is a traditional or Roth

You don't exceed your personal maximum of \$100,000 per year in qualified charitable distributions

You will not have to report your distribution as income. It will be free of federal and New York State income tax, and it will count toward your required minimum distribution (RMD).

The best way for you to start is with your IRA custodian. Tell them you want to make a "qualified charitable distribution". In most cases you will only have to fill out a simple form.

VERY IMPORTANT!! Your gift must go directly from your IRA to the Parish. If you receive the money first then you'll be taxed on it like any other distribution.

Example: Mrs. Connors, age 76, has \$125,000 in a traditional IRA and would like to contribute \$5,000 to her Parish in 2016. Upon hearing of the Charitable IRA Rollover opportunity, she directs the custodian of her IRA to transfer this amount not later than December 31, 2016 directly to the Parish as a 2016 gift. She will not be subject to income tax on her \$5,000 qualified charitable distribution.

This information is not intended and should not be construed as legal, tax or investment advice. For such advice, please consult an attorney, tax advisor or investment professional.

Wills and Bequests have the power to impact future generations. It's so easy to include our Parish in your Will and still provide for loved ones. You may be able to make a simple bequest by adding the following language:

"I give and bequeath the sum of \$ _____ (or the % of), to be used for the general program of St. Gertrude Parish, a Catholic Church in the Diocese of Rockville Centre."

Ensure the future vitality of our Parish with your charitable bequest or consider other Estate Planning options, such as designating our Parish as beneficiary of a life insurance policy or an IRA account.

To receive a brochure about Wills and Bequests, please call Barbara Kilarjian at 516-379-5210 ext. 229



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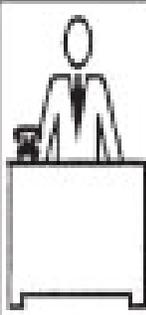
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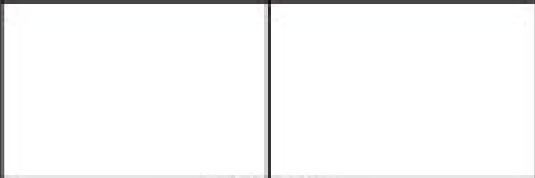
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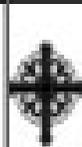


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