

THE ROMAN CATHOLIC CHURCH OF ST. GERTRUDE

28 School Street, Bayville, N.Y. 11709

CLERGY OF THE PARISH

Rev. David Regan, Pastor
Rev. Ed Seagriff, Assoc. Pastor
Deacon Ted Kolakowski

PARISH OFFICE HOURS:

Monday to Thursday: 9:00am–4:00pm
(closed from 12-12:30pm for lunch)
Friday: 9:00am-12:00pm

SACRAMENTS

Anointing of the Sick: Available upon request.
Scheduled offering the last Sunday of the month following the 11:30 Mass.

Baptism: Third Sunday each month at 1:00pm.
Prior parent and sponsor interviews with priest or deacon required.

Marriage: Arrangements must be made in person with priest at least 6 months in advance & prior to reception arrangements.

OUTREACH

Pantry hours: Friday 9:00am -10:00am

LITURGICAL SCHEDULE

Masses

Saturday: 8:30am & 5:00pm

Sunday: 7:30am, 9:30am (Family Mass), 11:30am

Weekdays: 8:30am

Holy Day: 5:00pm Vigil Mass, 8:30 am & 7:30pm

Rosary every morning after 8:30am Mass

Miraculous Medal Novena every Monday at 7:30pm

Exposition of the Blessed Sacrament and Benediction
1:00pm to 3:00pm Wednesdays except holidays

Reconciliation/Confession:

Saturdays: 4:00-5:00pm & by appointment

Charismatic Prayer Group: meets every Monday at 4:00pm in the Church

PARISH OFFICE: Phone: (516) 628-1113

Marie Levchuck, Parish Secretary

Email: parishoffice@stgerts.org

Michele Drago, Bulletin Editor

Email: bulletin@stgerts.org

Fax: (516) 628-9032

Website: www.stgerts.com

PARISH CENTER

Preschool:

Tina Mihaltses, Director, Phone: (516) 628-3710

Email: stgertprek@stgerts.org

Religious Education:

Dr. James Sheehan, Director, Phone: (516) 628-2432

Email: faithformation@stgerts.org

St. Vincent de Paul (516) 584-4090

Email: svdpstgertrudes@gmail.com

SVDP store locations:

1. 1425 New York Avenue, Huntington Station
2. 2160 Jericho Twp., Garden City Park
3. 249 Broadway, Bethpage

To donate furniture, please call (516) 746-8250.



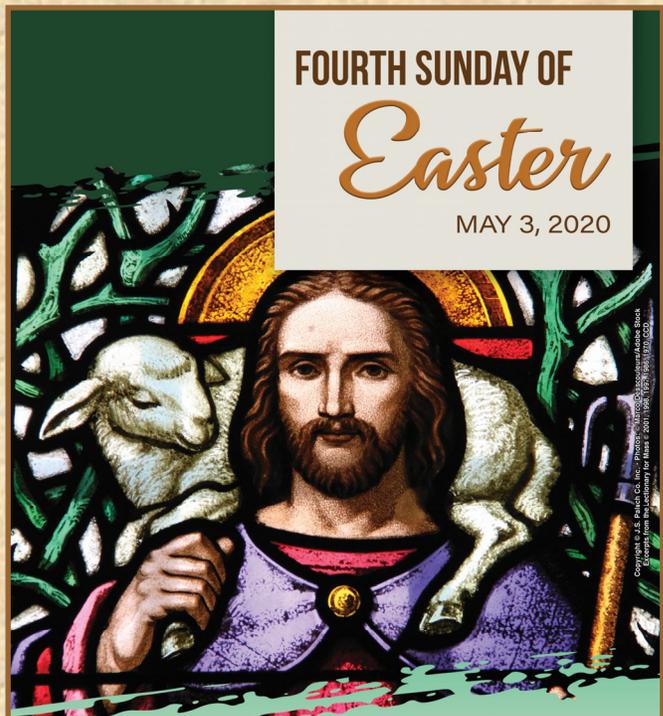
New to our Parish? We welcome you and ask that you please stop into our Parish office to register. *The*

Lord told Israel to reach out to newcomers and welcome them (Leviticus 19:36).

FOURTH SUNDAY OF

Easter

MAY 3, 2020



The shepherd calls his own sheep by name and leads them.

John 10:3

Remembering. . .

- SUNDAY** **May 3**
 Rosary Guild living & deceased members
 Parishioners of St. Gertrude
 Philip Altadonna +
- MONDAY** **May 4**
 Aurelia Arcenzo-Esterez +
- TUESDAY** **May 5**
 ISG Martin J. Wenzel +
 Sgt. Philip Byrne +
 Manuela Sabin +
 Edward J. Murray +
 Palmaro, Sabin & Sobrino families +
 M. Otto Diepering +
- WEDNESDAY** **May 6**
 Dominick Malusa +
- THURSDAY** **May 7**
 Craig Weiland +
- FRIDAY** **May 8**
 DeCesare family +
- SATURDAY** **May 9**
 Manuela Arzeno +
 In Thanksgiving & a Special Intention

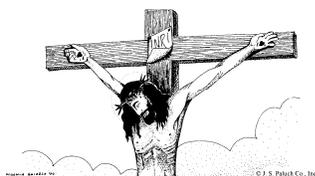
TODAY'S READINGS

First Reading — All peoples called by God will receive the gift of the Spirit if they repent and are baptized (Acts 2:14a, 36-41).

Psalm — The Lord is my shepherd; there is nothing I shall want (Psalm 23).

Second Reading — Once we were like straying sheep; but now we have been returned to the shepherd, our guardian (1 Peter 2:20b-25).

Gospel — The shepherd leads the sheep out into pastures of abundant life (John 10:1-10).



**Fourth Sunday of Easter
 May 3, 2020**

He himself bore our sins in his body upon the cross, so that, free from sin, we might live for righteousness.

— 1 Peter 2:24a

What Are We To Do?: Reflection on Fourth Sunday of Easter:

Easter's empty tomb is a call to conversion.

By this tomb, we should know for certain that God has made Jesus both Lord and Messiah, as Peter preaches in today's First Reading.

He is the "Lord," the divine Son that David foresaw at God's right hand (see Psalm 3; 110:1; 132:10-11; and Acts 2:34). And He is the Messiah that God had promised to shepherd the scattered flock of the house of Israel (see Ezekiel 34:11-14, 23; 37:24).

As we hear in today's Gospel, Jesus is that Good Shepherd, sent to a people who were like sheep without a shepherd (see Mark 6:34; Numbers 27:16-17). He calls not only to the children of Israel, but to all those far off from Him—to whomever the Lord wishes to hear His voice.

The call of the Good Shepherd leads to the restful waters of Baptism, to the anointing oil of Confirmation, and to the table and overflowing cup of the Eucharist, as we sing in today's Psalm.

Again on this Sunday in Easter, we hear His voice calling us His own. He should awaken in us the response of those who heard Peter's preaching, "What are we to do?" they cried.

We have been baptized. But each of us goes astray like sheep, as we hear in today's Epistle. We still need daily to repent, to seek forgiveness of our sins, to separate ourselves further from this corrupt generation.

We are called to follow in the footsteps of the Shepherd of our souls. By His suffering He bore our sins in His body to free us from sin. But His suffering is also an example for us. From Him we should learn patience in our afflictions, to hand ourselves over to the will of God.

Jesus has gone ahead, driven us through the dark valley of evil and death. His Cross has become the narrow gate through which we must pass to reach His empty tomb—the verdant pastures of life abundant.

By Dr. Scott Hahn

For Those Who Need Our Prayers:

Tom Kolakowski Lynn Lamort Jack Caputo Arthur Unger MaryAnn Seidman
 Rebecca Browning Lawrence Paul Caputo Michael Willett

All names on the prayer list will remain for six weeks. If you would like a name to remain longer, please call the Parish office. Please call the Parish office to leave the names of parishioners who are homebound and would like to receive the Eucharist or would like to receive the Sacrament of the Sick.



Those serving in our military:

Lord, hold our troops in your loving hands. Protect them as they protect us. Bless them and their families for the selfless acts they perform for us in our time of need. I ask this in the name of Jesus, our Lord and Savior. Amen”

LT Travis J. Buffa	LT Cmdr. Melissa Buffa	Pfc. Mark Chuisano
LT Mary Grace Colluci	Major Janet R. Erazo	Cmdr. Cynthia Keating
2nd LT Glenn Harvey	LT Col. Paul J. LoBue	PO3 Gregory Steiner
Major Nicholas Lorusso	Sgt. 5 Jose Marin	Airman Bryan Mollitor
Pfc. Duncan Moskowitz	Major James Nicholson	LT Col. Sean Patak
Captain Brian Peguillan	LTJG William P. Hegarty	Sfc. Sean P. Schenck
Hosp. Medic Matthew D. Perez	LT Sean Riordan	Cpl. Jason Roland
Capt. Thomas E. Rojek	Cpl. Brendan Roethel	Spc. Chase Tucker
M Sgt. Donald J. Tucker	Sp. Trevor Tebaldi	Sgt. William Trotta, Jr.
LT Terrance Thorgramson	2nd LT James Andrew Baker	Major Chad Lennon
LT Emily W. Hegarty	LT Elizabeth G. Hegarty	Ens. James Figari
US Army E-1 Richard F. Charon	LT Alexander Van Patten USAF	PFC Matthew A. Passero

If you would like to inform us of any family member or friend who has been called to active service or for a name to be removed, please call our Parish office.



St. Gertrude Parish Pantry Needs:

Rice (1-2 lb. bags), Pasta, Jar Spaghetti Sauce, Cereal, Coffee, Plastic bottles of Juice, Canned Fruits, Sugar, Flour, Oil, Tuna, Snacks, Dish and Laundry Detergent, Paper Towels, Tissues, Men & Women Deodorant, Shampoo, Toothbrushes & Toothpaste.

Pantry hours are every Friday from 9:00am–10:00am in the lower Church.

Just a friendly reminder to please be aware of food expiration dates. Thank you!



Linda Charlotte Cutrone
 Harry Tice
 John J. Sciarra

The Parish of St. Gertrude extends its prayerful condolences to their family and friends.

Parish Financial Summary



Thank you for your prayerful and generous support of our parish family.

Faith Direct

I want to invite you in joining me and many others at St. Gertrude in setting up recurring eGiving through Faith Direct. Thanks to eGiving, your weekly offertory will be automatically taken care of, which saves you time and saves our parish money by eliminating all those unused offertory envelopes.

Getting started is easy! Visit faith.direct/NY83, or text the word ENROLL to (Text-to-Give Phone Number).

Thank you for your continued support of our parish family.

Sunday Readings May 3, 2020
Fourth Sunday of Easter

Reading 1

Acts 2:14a, 36-41

Then Peter stood up with the Eleven, raised his voice, and proclaimed: "Let the whole house of Israel know for certain that God has made both Lord and Christ, this Jesus whom you crucified."

Now when they heard this, they were cut to the heart, and they asked Peter and the other apostles, "What are we to do, my brothers?" Peter said to them, "Repent and be baptized, every one of you, in the name of Jesus Christ for the forgiveness of your sins; and you will receive the gift of the Holy Spirit. For the promise is made to you and to your children and to all those far off, whomever the Lord our God will call." He testified with many other arguments, and was exhorting them, "Save yourselves from this corrupt generation." Those who accepted his message were baptized, and about three thousand persons were added that day.

Responsorial Psalm

Ps 23: 1-3a, 3b-4, 5, 6

R. (1) The Lord is my shepherd; there is nothing I shall want. or: R. Alleluia.

The LORD is my shepherd; I shall not want. In verdant pastures he gives me repose; beside restful waters he leads me; he refreshes my soul.

R. The Lord is my shepherd; there is nothing I shall want. or: R. Alleluia.

He guides me in right paths for his name's sake.

Even though I walk in the dark valley, I fear no evil; for you are at my side.

With your rod and your staff that give me courage.

R. The Lord is my shepherd; there is nothing I shall want. or: R. Alleluia.

You spread the table before me, in the sight of my foes;

you anoint my head with oil; my cup overflows.

R. The Lord is my shepherd; there is nothing I shall want. or: R. Alleluia.

Only goodness and kindness follow me, all the days of my life;

and I shall dwell in the house of the LORD for years to come.

R. The Lord is my shepherd; there is nothing I shall want. or: R. Alleluia.

Reading 2

1 Pt 2:20b-25

Beloved: If you are patient when you suffer for doing what is good, this is a grace before God. For to this you have been called, because Christ also suffered for you, leaving you an example that you should follow in his footsteps.

He committed no sin, and no deceit was found in his mouth.

When he was insulted, he returned no insult; when he suffered, he did not threaten; instead, he handed himself over to the one who judges justly. He himself bore our sins in his body upon the cross, so that, free from sin, we might live for righteousness. By his wounds you have been healed. For you had gone astray like sheep, but you have now returned to the shepherd and guardian of your souls.

Gospel

Jn 10:1-10

Jesus said: "Amen, amen, I say to you, whoever does not enter a sheepfold through the gate but climbs over elsewhere is a thief and a robber. But whoever enters through the gate is the shepherd of the sheep. The gatekeeper opens it for him, and the sheep hear his voice, as the shepherd calls his own sheep by name and leads them out. When he has driven out all his own, he walks ahead of them, and the sheep follow him, because they recognize his voice. But they will not follow a stranger; they will run away from him, because they do not recognize the voice of strangers." Although Jesus used this figure of speech, the Pharisees did not realize what he was trying to tell them.

So Jesus said again, "Amen, amen, I say to you, I am the gate for the sheep. All who came before me are thieves and robbers, but the sheep did not listen to them. I am the gate. Whoever enters through me will be saved, and will come in and go out and find pasture. A thief comes only to steal and slaughter and destroy; I came so that they might have life and have it more abundantly."

The following are links and resources provided for your ease in learning more about COVID and for your use in this time of need.

Catholic Health Services - Latest Information on Caronavirus www.chsli.org/coronavirus-latest-catholic-health-services
<<http://www.chsli.org/coronavirus-latest-catholic-health-services>>

Catholic Health Services - Careers

For those who may be currently unemployed, Catholic Health Services is hiring in all of our facilities. The link to the Career site: www.chsli.org/careers
<<http://www.chsli.org/careers>>

Catholic Health Services - Social Media

Please follow Catholic Health Services on Facebook and Instagram for the latest information; both are updated several times daily.

Centers for Disease Control www.cdc.gov

<<http://www.cdc.gov>>

Nearly ALL of the CDCs COVID materials are available in other languages to print or download.. At the top right of the CDC landing page, click on OTHER LANGUAGES to locate resources appropriate for your language.

Catholic Health Association www.chausa.org
<<http://www.chausa.org>>

Please encourage those who are tested for COVID to provide their correct name and contact information so health care providers can reach them for follow up. The CHAUSA reminds all that, It is safe and smart to see a doctor if you need one. You should not be asked about your immigration status unless applying for insurance. The Catholic Health Association has some information to assuage fears. www.chausa.org/newsroom/social-media
<<http://www.chausa.org/newsroom/social-media>>

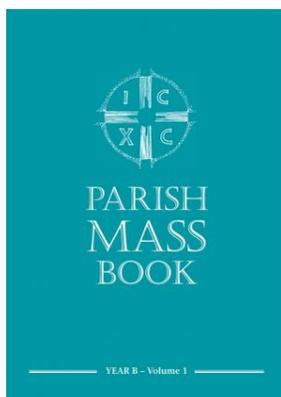
Easter Flowers...In Memory of

Erika Wick; Eleanor Fox
Edward Patrick Hafner; Maureen & Michelle Marotta



The 2021 Mass for in OPEN

Please call the rectory on Wednesdays to arrange for your Mass intention for next year. As usual, it will be accepted on a first come basis. Due to the limited office hours, the Parish office is only open now on Wednesdays.





2020 Worldwide Marriage Encounter LONGEST MARRIED COUPLE Project

Nominations are now being received for the 2020 Longest Married Couple Project (LMC) Sponsored by Worldwide Marriage Encounter (WWME). This is WWME's ninth annual project with nominations being accepted until May 15th, 2020

This year's presentations to the winners will be held during June, which is known as Marriage Month, and provides the perfect time to honor the winning couples.

Pictured below are the National Winners from 2011 – 2018. All the winning couples were married 78 – 82 years at the time of their award presentation.



**Could you or someone you love be
the next National Winner?**

**2020 Longest
Married Couple
???**

The state winners, who are generally married 50, 60 or 70 plus years, will also be recognized for their longest marriages in June by Worldwide Marriage Encounter couples from their states. Winners of the Longest Married Couple project are selected solely from nominations submitted.

Go to wwme.org to make your nomination!!

Click "Nominate Today" located at the upper right of the home page.



Dear Parishioners,

Permit me to share with you the most recent update from the Diocese of Rockville Centre regarding the public celebration of the sacraments. **Effective immediately, all Masses (weekday and weekend), liturgies, devotions, meetings, and non-essential activities in our parishes are suspended or postponed through Wednesday, April 29, 2020.**

Funerals and weddings may be permitted if necessary, but should be limited to immediate family and remain under 50 people in attendance.

St. Gertrude's Church will remain open throughout this time. The church will open at 9 AM and close at 3 PM.

The Masses at St. Gertrude's will continue to be offered, albeit privately. We are united to you in this moment of crisis and fear. While we are apart from each other at the altar, we are united in our spiritual communion and love for Jesus and each other. Permit me to suggest using this prayer, to help you make an act of spiritual communion:

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

The Catholic Faith Network (CFN) will provide televised and online daily Masses, including Holy Week and Easter Liturgies, as well as other devotional and spiritual programs. (Optimum channel 29/137, Verizon FiOS TV channel 296, and Spectrum channel 162/471.) CFN is also available on selected cable and satellite systems and through 24/7 live stream at CFNtv.org. You can also watch CFN on Roku, Apple TV, Amazon Fire TV, Android, or by downloading the CFN iOS mobile app at the app store by searching "Catholic Faith Network" or "CFN".

Currently, our Catholic Schools are closed following the measures taken by Nassau and Suffolk public schools. However, we continue to monitor the situation and will adapt and update as needed. Our parish Religious Education programs will remain suspended until further notice. Again, we continue to monitor the situation and will adapt and update as needed.

Please know that we priests are still available for you. If someone is in need of the last sacraments please do not hesitate to call us!

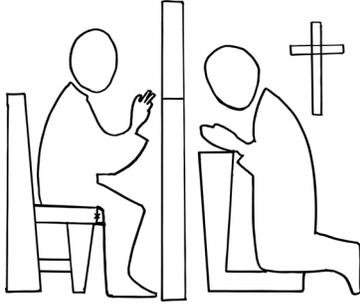
Our Lady, Heath of the Sick, pray for us!

Saint Gertrude, pray for us!

God Bless and protect you and your families.

In Our Lord and Blessed Lady,

Rev. David Regan, Pastor



Can't Come to Confession?

Don't Worry! We will Drive to YOU

Please call the Rectory at 628-1113 to have one of our priests come to your house to hear your confession during this special season of Lent.



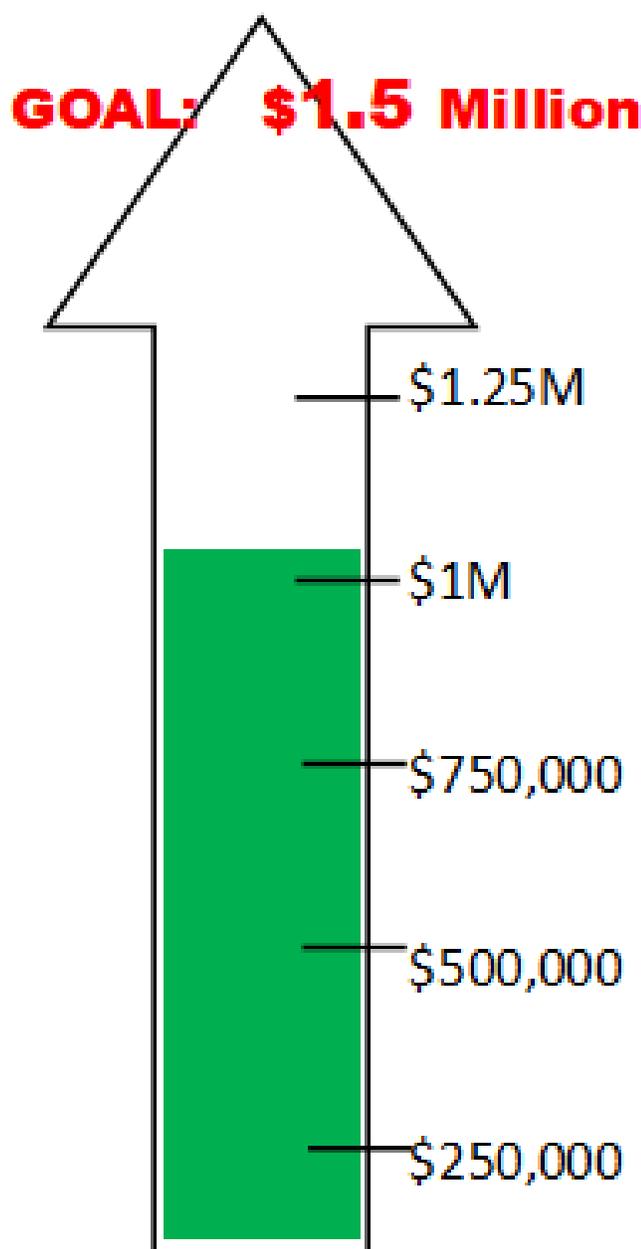
For the latest updates on what's happening at St. Gertrude's Church, please find us and follow us on Facebook at:

**Saint Gertrude's
Roman Catholic Church**

We update the page daily to give you the latest information on what is happening at your Church.

St. Gertrude RC Church Church Renovation Capital Campaign

**Over \$1.0 Million Pledged - Thank You!!
Phase I Projects Set to Begin!**



Thank you for your support for our capital campaign! As of this past week, **\$1,037,172 or 69% of our goal has been pledged with \$655,710 paid to date** from 276 parish families. Additional Gifts to the campaign are welcomed through-out the year.

Phase I Set to Begin

We have finalized plans and expect to begin renovation of the exterior of the Church and installation of the bathroom on the main level. (Weather Permitting!)

Please visit our parish website at www.stgerts.com for all capital campaign information and details.

"Worldwide Marriage Encounter

Happy Easter! He has risen! Let us welcome Jesus even more into our marriages by attending a Worldwide Marriage Encounter Weekend. The next Weekends are Jun 26-28, 2020 in Huntington, NY and Nov 6-8, 2020 in Huntington, NY. For more information, call John & Toni Torio at 877-697-9963 or visit them at <https://wwmenyli.org/>.



Maria Regina DHS Class of 1970
50th Reunion October 3, 2020
For more information email
MRDHS70@gmail.com

Did you know that Catholic Health Services offers exclusive clinical trials to cancer patients on Long Island? Read more about the new partnership with the Roswell Park Comprehensive Cancer Center and how it could benefit you: CHSCancer.org



Where can you find an opportunity to help yourself, your family, your community and your Church at the same time? Answer: **The Knights of Columbus**. The Knights of Columbus is one of North America's largest life insurers, one of the world's most ethical companies, an international Catholic fraternity, and a multi-billion-dollar donor to charitable causes.

We are looking for a few Catholic gentlemen to join our full-time Insurance sales force to serve our members and their families. Our sales force receives extensive training, a secure territory with professional-level income potential, incentive bonuses, health and retirement benefits, and continuing education opportunities.

If this sounds like something you would like to explore for yourself, or if you know a Catholic gentleman that might be perfect for this opportunity, please call (631)574-4520 or email hernandezagency@mail@kofc.org.

UPCOMING EVENTS

A Message from the Saint Dominic Athletic Director

Our goal at the Saint Dominic Summer Camps is to give campers a great experience during which they make friends and have fun. Our staff is committed to making sure that each camper leaves camp with a higher skill level and knowledge of the sport or activity than he or she started with. Fundamentals, as well as individual and team skills, will be taught. We look forward to having you join the Saint Dominic Family!

Matthew O'Brien
Director of Athletics



Saint Dominic High School 2020 Summer Camps

110 Justice Street • Oyster Bay, NY 11771
Phone: (516) 922.4888 Ext: 5454
email: mobeien2@stidoms.org • www.hs.stidoms.org



Saint Dominic High School

2020 SUMMER CAMPS



ONE JOURNEY THROUGH
FAITH AND EDUCATION



You are invited to join a 10-day pilgrimage to the Holy Land led by Rev. Michael Bisseck!

Diocese of Rockville Centre Young Adult Ministry



Nazareth • Cana • Sea of Galilee • Jerusalem • Bethlehem • Ein Karem

In the Footsteps of Jesus
February 13–22, 2021



Peter's Way Tours

For more information or to sign up online, visit petersway.com/9732.html

Resources Available

FAMILY, MARRIAGE AND INDIVIDUAL THERAPY

Family, marriage and individual therapy, provided by New York State licensed therapists including therapists who specialize in Depression, Divorce Mediation and Domestic Violence, are available to our parishioners at 147 other parishes. This program, under the direction of Dr. George Giuliani, has been conducted in the diocese for the past 41 years for the convenience of parishioners. It is provided by the Catholic Counseling Center, which is independent of and not controlled or supervised by the parish or diocese. Most insurance policies, including Medicare, are honored. We are currently looking for licensed therapists in Nassau, Suffolk and Queens. For confidential information and appointments, please call Dr. Giuliani at the Catholic Counseling Center at (631) 243-2503 or go to our website at: <http://www.thecatholiccounselingcenter.com>.

Seminary of the Immaculate Conception, 440 West Neck Road, Huntington, NY 11743
ehayes@icseminary.edu, 631-423-0483 x141

We have an interlibrary loan service, lectures in the library, and even some online content (such as podcasts) that you could take advantage of. If you are within driving distance, you are also welcome to apply for a courtesy card and borrow materials directly when you visit.

Our collection began years ago as strictly an academic library, but since the priestly formation program changed a few years ago (and our seminarians moved up to Yonkers), we have varied the collection a bit so that it can appeal to the general reader wanting to deepen their faith. Our book collection includes lots of books on spirituality, saints, popular apologetics, and so forth. We also have current Catholic periodicals, sacred music on CD, and even DVDs.



“Getting Ahead in a Just-Gettin’ By World”

An Invitation to Serve, in the District Council of Nassau North
We all know how the Society of St. Vincent de Paul regularly provides charitable assistance to neighbors in need. Beginning with the home visit, Vincentians perform numerous good deeds, many of which involve financial assistance (rent & utility bills), immediate needs assistance (food, furniture, etc.)

and also counseling.

However, the challenges facing those in poverty are ever more acute today. The “Getting AHEAD” program, offered by the Society of St. Vincent de Paul across the country, is one approach to help these neighbors rise above the “tyranny of the moment” or crisis mode in which they are too often bound. It also answers the questions raised by many Vincentians: “What more can I do for my neighbor beyond the traditional home visit?” and “Is there a structured process I can become involved with that would make a difference?” If you are interested in joining, please email: svdpstgertrudes@gmail.com



Weekend Music Ministry Schedule

Saturday 5:00 pm Organist & Cantor[s]
Sunday 7:30 am Instrumental Meditation
9:30 am Family Mass Musicians
11:30 am Adult Choir



KEEP THE TRADITION GOING

For over 50 years every Monday evening at 7:30pm the Miraculous Medal Novena to Our Lady, preceded by the Most Holy Rosary, has been recited here at St. Gertrude’s Church. This devotion was introduced by our first pastor, Father

Thomas Connolly, and has continued non-stop through these many years. Our participants are few in number but “Where two or three are gathered in my name there I am with them”. Please consider joining us.



CHARISMATIC PRAYER GROUP

Meets every Monday in the Church at 4:00pm

We were recently asked if a Parish and the Catholic Ministries Appeal can be included in a person's Will, and if they need to let the Pastor or Diocese know.

It was such a great question, that we thought we would like to share the answer.

A bequest for your parish in your Will is a perfect way to leave your legacy in the faith community you love. You demonstrate a commitment to the long-term vitality and financial well-being of your parish and the ministries of the Diocese that mean so much to you.

We call it your Legacy of Faith.

Alongside your bequests for loved ones, would be a provision for your parish and/or the Catholic Ministries Appeal.

Here is sample language that your attorney can use to prepare your bequest:

I hereby give, devise and bequeath to your parish's name or Catholic Ministries Appeal of The Roman Catholic Diocese of Rockville Centre, New York, federal tax ID number 11-1837437, whose current address is 50 North Park Avenue, Rockville Centre, NY 11570, the sum of \$ insert dollar amount to be used for that Parish's or Catholic Ministries Appeal most urgent priorities.

You do not have to tell anyone - but we hope you will. If you tell your pastor or us, you'll give us the opportunity to thank you.

For an informational brochure about Wills and Bequests, you can speak to Barbara Kilarjian, Director of the Office of the Catholic Ministries Appeal, at 516-678-5800 x 257 or email her at bkilarjian@drvc.org.

This information is not intended and should not be construed as legal, tax or investment advice. For such advice, please consult an Attorney, Tax Advisor or investment professional.





Msgr. Jim Vlaun
Executive Producer
www.religionandrock.com

Dear Friend of "Religion and Rock" and our television shows on *Catholic Faith Network*,

Thanks for promoting our shows and for your help in our communication ministry! The weekly themes for "Religion and Rock" are below along with a suggestion for weekly publication in your bulletin or website.

We have included a NEW bulletin announcement which includes our newest affiliate, *Sirius Radio, Channel 159, the Catholic Channel*.

Again, a sincere thanks for your longtime support!

Msgr. Jim Vlaun, Host

January 2020

5 Remaining Excited
12 Life's Struggles
19 Unity
26 Searching for a Meaning

February

2 Forgiveness
9 Relationships
16 Leadership
23 Sacrifice

March

1 Renewal
8 Commitment
15 Traditions
22 Coping
29 Spirituality

April

5 Poverty
12 Triumph
19 Issues in Life
26 Community

May

3 Outdoor Experience
10 Parents
17 Prayer
24 Remembering
31 Boredom/Routines

June

7 Graduation
14 Relaxation
21 Being Joyful
28 Special Days

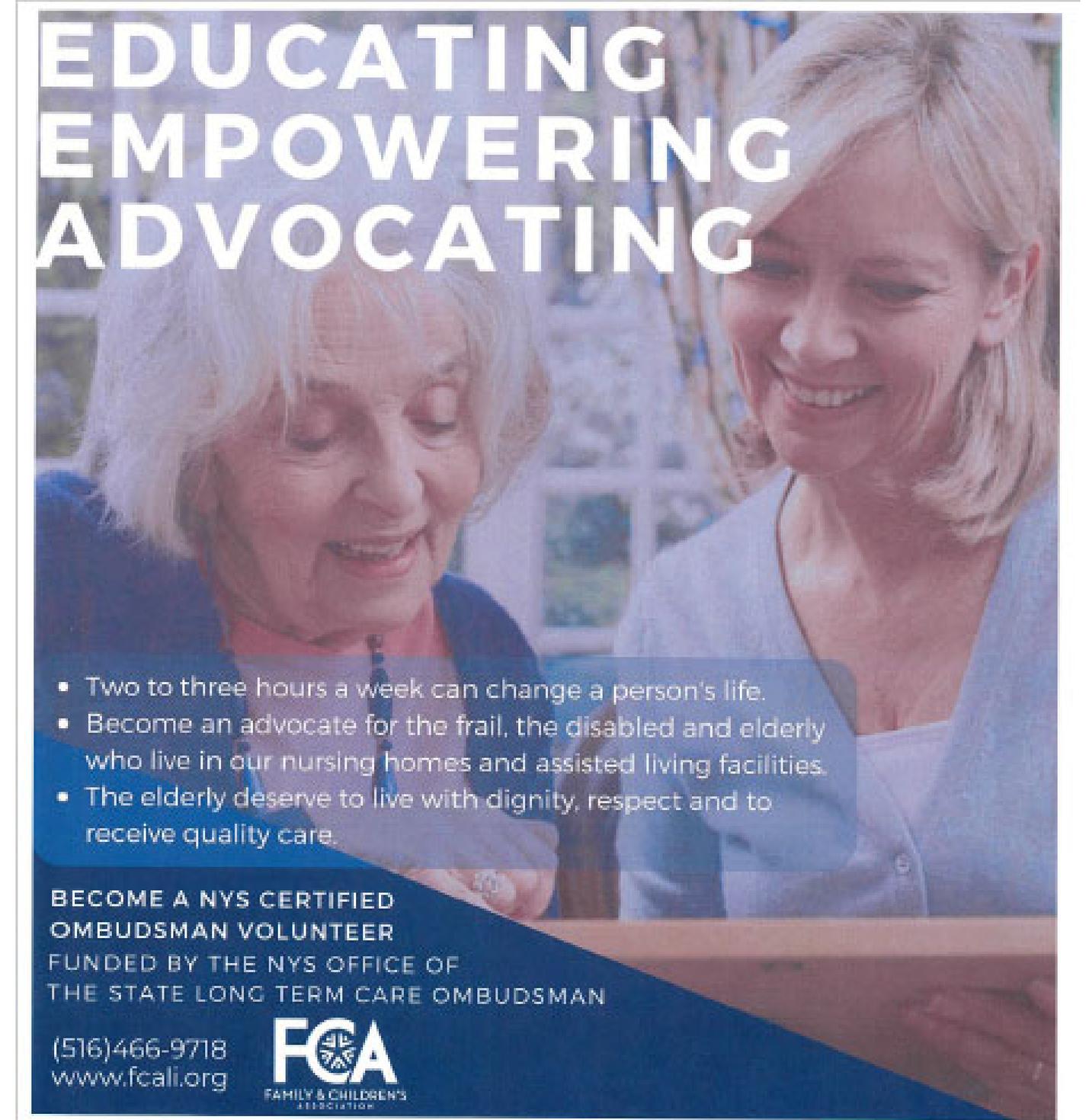
SUGGESTED COPY FOR WEEKLY PUBLICATION:

Tune into "Religion and Rock" with Msgr. Jim Vlaun on Sunday from 7:00 AM- 8:00 AM on WBAB 102.3 FM or 95.3 FM on Long Island's East End. Listen on Saturdays at 11:00 PM on *Sirius Radio, Channel 159, the Catholic Channel* and at 11:00 PM on XM Satellite, Channel 117. Next Sunday's theme is _____, don't miss it! To listen online or receive more information regarding *Religion and Rock* go to www.ReligionandRock.com or at "Religion & Rock" on *ITUNES*.

Don't forget to tune into CATHOLIC FAITH NETWORK, Cablevision Channel 29/137 or Verizon FIOS 296 or visit www.cfnw.org !

To receive this announcement electronically, please email nayroso@cfnw.org

1200 Glenn Curtiss Blvd., Uniondale, New York 11553 Phone (516)538-8704 Fax (516)489-9701



EDUCATING EMPOWERING ADVOCATING

- Two to three hours a week can change a person's life.
- Become an advocate for the frail, the disabled and elderly who live in our nursing homes and assisted living facilities.
- The elderly deserve to live with dignity, respect and to receive quality care.

BECOME A NYS CERTIFIED
OMBUDSMAN VOLUNTEER
FUNDED BY THE NYS OFFICE OF
THE STATE LONG TERM CARE OMBUDSMAN

(516)466-9718
www.fcali.org



A Great Place to Eat Lunch, Socialize, Stay Fit, Have Fun and Get Support



The Life Enrichment Center at Oyster Bay

Open Monday to Friday
 Day Programs: 8:30am to 4:30pm
 Evening Programs: 5:00pm to 8:00pm



- The Connections You Need for Vital Social Services
Entitlement Screenings and Complimentary Needs Evaluation
- Social Adult Day Care Program for Frail or Memory-Impaired Individuals - **Complimentary Trial Visit**
- Hot Nutritious Lunches & Transportation*
- Engaging Social Activities – Fitness, Music, Dance, Lectures, Popular Games, Trips...
- Evening Fitness Classes & Activities for Adults
- Caregivers Support Services and Group Discussions

*Lunch and transportation programs are made possible with funding from the Nassau County Department of Human Services, Office for the Aging through New York State Office for the Aging and U.S. Administration on Aging, Town of Oyster Bay.

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The Center is a 501(c)3 which relies heavily on contributions. An Annual Report and Audited Financials are available online.

**Membership
 Is FREE.**

Info@lifeenrichmentcenteroysterbay.org



The Life Enrichment Center at Oyster Bay

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PROGRAMS FOR FRAIL AND MEMORY IMPAIRED SENIORS

What's the best kept secret in Oyster Bay?

The Day Break Program at the Life Enrichment Center, a Social Model Adult Day Care program serving frail and memory-impaired seniors since 1999. Day Break provides high-quality, affordable therapeutic services in a safe, comforting and socially engaging environment. Participants benefit from cognitive activities, exercise, music, social interaction and much, much more. Aging at home presents many challenges; the Day Break Program can improve the quality of life of both participant and caregiver. **Long term care insurance and Medicaid MLTCs accepted.** For a **free trial visit**, contact Ruth Humphreys at 516-558-7211.

Social Activities & Vital Services for Individuals 55+

Wonderful opportunities for active seniors and newly retired individuals.

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If...

You are at least 70 1/2 years old on the date you make your gift

Your IRA is a traditional or Roth

You don't exceed your personal maximum of \$100,000 per year in qualified charitable distributions

You will not have to report your distribution as income. It will be free of federal and New York State income tax, and it will count toward your required minimum distribution (RMD).

The best way for you to start is with your IRA custodian. Tell them you want to make a "qualified charitable distribution". In most cases you will only have to fill out a simple form.

VERY IMPORTANT!! Your gift must go directly from your IRA to the Parish. If you receive the money first then you'll be taxed on it like any other distribution.

Example: Mrs. Connors, age 76, has \$125,000 in a traditional IRA and would like to contribute \$5,000 to her Parish in 2016. Upon hearing of the Charitable IRA Rollover opportunity, she directs the custodian of her IRA to transfer this amount not later than December 31, 2016 directly to the Parish as a 2016 gift. She will not be subject to income tax on her \$5,000 qualified charitable distribution.

This information is not intended and should not be construed as legal, tax or investment advice. For such advice, please consult an attorney, tax advisor or investment professional.

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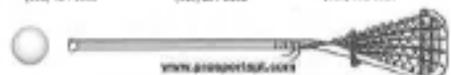


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