

THE ROMAN CATHOLIC CHURCH OF ST. GERTRUDE

28 School Street, Bayville, N.Y. 11709



photo by Monique Reddington

CLERGY OF THE PARISH

Rev. David Regan, Pastor
Rev. Ed Seagriff, Assoc. Pastor
Deacon Ted Kolakowski

PARISH OFFICE:

Phone: (516) 628-1113
Marie Levchuck, Parish Secretary
Email: parishoffice@stgerts.org

Michele Drago, Bulletin Editor
Email: bulletin@stgerts.org

PARISH OFFICE HOURS:

Monday to Thursday: 9:00am–
4:00pm. Monday nights 5-9 pm
Friday: 9:00am - 12:00pm

Fax: (516) 628-9032

Website: www.stgerts.com

LITURGICAL SCHEDULE

Masses

Saturday: 8:30am & 5:00pm

Sunday: 7:30am, 9:30am (Family Mass), 11:30am

Weekdays: 8:30am

Holy Day: 5:00pm Vigil Mass, 8:30 am & 7:30pm

Rosary every morning after 8:30am Mass

Miraculous Medal Novena every Monday at 7:30pm

Exposition of the Blessed Sacrament and Benediction
1:00pm to 3:00pm Wednesdays except holidays

Reconciliation/Confession:

Saturdays: 4:00-5:00pm & by appointment

SACRAMENTS

Anointing of the Sick: Available upon request.
Scheduled offering the last Sunday of the month
following the 11:30 Mass.

Baptism: Third Sunday each month at 1:00pm. Prior
parent and sponsor interviews with priest or deacon
required.

Marriage: Arrangements must be made in person with
priest at least 6 months in advance & prior to reception
arrangements.

St. Vincent DePaul (516) 584-4090

Email: svdpstgertrudes@gmail.com



SVDP store locations:

1. 1425 New York Avenue, Huntington Station
2. 2160 Jericho Twp., Garden City Park
3. 249 Broadway, Bethpage

To donate furniture, please call (516) 746-8250.

PARISH CENTER

Preschool:

Tina Mihaltses, Director, Phone: (516) 628-3710
Email: stgertprek@stgerts.org

Religious Education:

Phone: (516) 628-2432

Email: faithformation@stgerts.org

I am the
bread of life;
whoever comes to me
will never hunger,
and whoever believes
in me will never thirst.
John 6:35

August 5, 2018

EIGHTEENTH SUNDAY IN ORDINARY TIME

Remembering. . .

SUNDAY	August 5
7:30am	Rosary Guild, living & deceased members
9:30am	For a Special Intention & in Thanksgiving +
11:30am	Anthony & Sadie Caputo +
MONDAY	August 6
8:30am	Manuela Sabin +
TUESDAY	August 7
8:30am	Robert Asman +
WEDNESDAY	August 8
8:30am	Madeline Castora +
THURSDAY	August 9
8:30am	Palmaro, Sabin & Sobrino families +
FRIDAY	August 10
8:30am	DeCesare family +
SATURDAY	August 11
8:30am	Antoinette Carbone +
	Anne Marie Finn Moylan +
5:00pm	For the Parishioners of St. Gertrude

TODAY'S READINGS:

First Reading – I will rain down bread from heaven for you (Exodus 16:2-4, 12-15).

Psalm – The Lord gave them bread from heaven (Psalm 78).

Second Reading – Put on the new self that has been created in God's way (Ephesians 4:17, 20-24).

Gospel – Whoever comes to me will never hunger, and whoever believes in me will never thirst (John 6:24-35).

The Altar Bread and Wine used at our Masses this week are offered in loving memory of:



Manuela Sabin
by Nieves Sobrino

Endurance Test: Reflection on the Eighteenth Sunday in Ordinary Time:

The journey of discipleship is a life-long exodus from the slavery of sin and death to the holiness of truth on Mount Zion, the promised land of eternal life.

The road can get rough. And when it does, we can be tempted to complain, like the Israelites in this week's First Reading.

We have to see these times of hardship as a test of what is in our hearts, a call to trust God more and to purify the motives for our faith (Deuteronomy 8:2-3).

As Paul reminds us in this week's Epistle, we must leave behind our old self-deceptions and desires and live according to the likeness of God in which we are made.

Jesus tells the crowd in this week's Gospel that they are following Him for the wrong reasons. They seek Him because He filled their bellies. The Israelites, too, were content to follow God so long as there was plenty of food.

Food is the most obvious of signs—because it is the most basic of our human needs. We need our daily bread to live. But we cannot live by this bread alone. We need the bread of eternal life that preserves those who believe in Him (Wisdom 16:20, 26).

The manna in the wilderness, like the bread Jesus multiplied for the crowd, was a sign of God's Providence—that we should trust that He will provide.

These signs pointed to their fulfillment in the Eucharist, the abundant bread of angels we sing about in this week's Psalm.

This is the food that God longs to give us. This is the bread we should be seeking. But too often we don't ask for this bread. Instead we seek the perishable stuff of our everyday wants and anxieties. In our weakness we think these things are what we really need.

We have to trust God more. If we seek first His kingdom and His righteousness, all these things will be ours as well (Matthew 6:33).



What does Holy Scripture say about laughter?

Proverbs 17:22- A joyful heart is good medicine, but a crushed spirit dries up the bones

Psalms 126:2- Then our mouth was filled with laughter, and our tongue with shouts of joy; then they said among the nations, "The Lord has done great things for them

Job 18:21- He will yet fill your mouth with laughter, and your lips with shouting

Ecclesiastes 3:4- A time to weep, and a time to laugh; a time to mourn, and a time to dance

Luke 6:21- Blessed are you who are hungry now, for you shall be satisfied. "Blessed are you who weep now, for you shall laugh"

A good laugh has great short-term effects. Laughter can: Stimulate many organs. Laughter enhances your intake of oxygen-rich air, stimulates your heart, lungs and muscles, and increases the endorphins that are released by your brain. Scientists tell us that **laughter**, humor and joy are an **important** part of life. Laughing lowers blood pressure, reduces stress hormones, and increases muscle flexion. It increases the circulation of antibodies in the blood stream and makes us more resistant to infection.

According to a new study, **laughter** truly is **contagious**: the brain responds to the sound of **laughter** and preps the muscles in the face to join in. "It seems that it's absolutely true that 'laugh and the whole world laughs with you,'" said Sophie Scott, a neuroscientist at the University College London.

There is something so endearing about joining the laughter of a family, group of friends and persons. What I enjoy is when laughter catches us off guard and we let go of how we should be presenting ourselves and join in a communal moment with others.

We have a great moment for laughter coming up. Our parish feast! This is a moment in our year where we come together and just enjoy being around each other. There is a ton of laughter, food, fun and simply good people. Please consider this a sincere invitation. We are better with you there, and you are better when you are there...

*Yours in Christ,
Father Dave Regan*

Feast Day & Times: Thursday, August 9th—5:00-10:00pm
Friday, August 10th—6:00-11:00pm
Saturday, August 11th—6:00-11:00pm
Sunday, August 12th—3:00-8:00pm
Mass, 2:00 pm Sunday, August 12th

The sick of our parish:

Cecilia Bruoni Lynnore Compton Kathleen Massimino Tanner Jadezuk
 Josephine Palumbo Lynn Gormley Rose Leonard Marie Vissichielli Jack Caputo

All names on the sick list will remain for six weeks. If you would like a name to remain longer, please call the Parish office. Please call the Parish office to leave the names of parishioners who are home-bound and would like to receive the Eucharist or would like to receive the Sacrament of the Sick.



Those serving in our military:

"Lord, hold our troops in your loving hands. Protect them as they protect us. Bless them and their families for the selfless acts they perform for us in our time of need. I ask this in the name of Jesus, our Lord and Savior. Amen"

LT Travis J. Buffa	LT Melissa Buffa	Pfc. Mark Chuisano
LT Mary Grace Colluci	Major Janet R. Erazo	Cmdr. Cynthia Keating
2nd LT Glenn Harvey	LT Col. Paul J. LoBue	Sman App. Gregory Steiner
Major Nicholas Lorusso	Sgt. 5 Jose Marin	Airman Bryan Mollitor
Pfc. Duncan Moskowitz	Major James Nicholson	LT Col. Sean Patak
Captain Brian Peguillan	LTJG William P. Hegarty	Sfc. Sean P. Schenck
Hosp. Medic Matthew D. Perez	LT Sean Riordan	Cpl. Jason Roland
1st. LT Thomas Rojek	Cpl. Brendan Roethel	Spc. Chase Tucker
M Sgt. Donald J. Tucker	Sp. Trevor Tebaldi	Sgt. William Trotta, Jr.
LT Terrance Thorgramson	2nd LT James Andrew Baker	Cpt. Chad Lennon
LT Emily W. Hegarty	LT Elizabeth G. Hegarty	Ens. James Figari

If you would like to inform us of any family member or friend who has been called to active service or for a name to be removed, please call our Parish office.

2018 CATHOLIC MINISTRIES APPEAL

St. Gertrude's Goal: \$52,600.00
 Amount Raised to Date: \$48,897.00
 Outstanding Amount Owed: \$3,703
 Number of Donors: 117

Parish Financial Summary

Sunday collection (including Faith Direct):
 July 29, 2018: \$ 7,367.00

Thank you for your prayerful and generous support of our parish family.....

Faith Direct

Your automatic contributions through Faith Direct will save valuable time for both you and our parish staff. To enroll, please visit Faith Direct's website www.faithdirect.net and use our parish code NY83. You can also fill out and mail a Faith Direct enrollment form from the parish office. Thank you!!

WELCOME New to our Parish? We welcome you and ask that you please stop into our Parish office to register. *The Lord told Israel to reach out to newcomers and welcome them (Leviticus 19:36).*

Welcome the Newly Baptized



Vienna Grace Allotta
 Bridget Rosana Dunne
 Quinn Bryan Hendrickson
 Ryan Michael McManus
 Duke Jameson Schaefer



Emmet Agolia

The Parish of St. Gertrude extends its prayerful condolences to his family and friends.

St. Gertrude's Parish Feast



August 9-12, 2018



Volunteers Needed

Please Help Make the Feast a Success Again this Year

We are Looking for Volunteers Throughout the Feast

Any Amount of Time is Appreciated

Booth Staff * General Help * Set-up Help * Ticket Sales

Can You Help Before the Feast?

We Need Help with the Raffle & Basket Booth Procuring Raffle Items

Without the Efforts of Our Many Volunteers, the Feast Wouldn't Be Possible

Volunteering is a Great Way to Meet Fellow Parishioners & Get Involved

Please Let Us Know How You Would Like to Help

Ted Parente Feast Chair - chieftpp@gmail.com

Dominic Bianco Feast Co-chair - dbianco@gwbplaw.com

Margaret Hutzel Volunteer Coordinator- mhutzel@optonline.net

Pre-sale tickets will be available at the rectory for purchase along with raffle tickets

Feast Day & Times: Thursday, August 9th—5:00-10:00pm

Friday, August 10th—6:00-11:00pm

Saturday, August 11th—6:00-11:00pm

Sunday, August 12th—3:00-8:00pm





The Knights of Columbus Meeting
 Wednesday, August 8th
 7:30pm in the lower Church

Veterans will be honored at every home game and will receive 10 complimentary tickets to the game for family and friends.

Contact Suffolk County Veterans Service Officer Melissa Pandolf for more information at (631)853-VETS.



Notre Dame Parish, New Hyde Park, is sponsoring Craft & Gift Fairs on the following dates:

- November 17, 2018
- December 15, 2018
- April 6, 2019

If interested in being a vendor, please email: ndcmain@gmail.com or call Carole at the Rectory Office at 516-352-7203 and we will forward you the contract and information. Table cost is \$55.



Preparing for Marriage?
 Engaged Encounter is an effective PreCana program designed to provide you with the tools for a successful marriage. Couples are given the opportunity to explore many aspects of their relationship through a series of presentations, writings and dialog. There are no group discussions. Our next weekend will be held at the Seminary of the Immaculate Conception in Huntington August 17-19, 2018.

For information please call Lenny & Pat Walker at 631-563-1032 or visit www.engagedencounterli.org

Long Island State Veterans Home
 at Stony Brook University
 100 Patriots Rd., Stony Brook, NY
FREE Concert Under the Stars & Laser Light Show
 featuring the West Point Concert Band
 @L.I. State Veterans Home
 August 16, 2018
 @6:30pm
FREE and open to the public
www.listateveteranshome.org

St. Gertrude's Church: If you are an adult [college-age or older], & are contemplating joining the choir, call the church office at (516)628-1113 & you will be put in touch with the choir director & music ministry.



Worldwide Marriage Encounter
 Let Jesus feed your marriage by attending a Worldwide Marriage Encounter Weekend. The next Weekends are Nov 16-18, 2018 in Huntington, NY and Feb 8-10, 2019 in Huntington, NY. For more information, call John & Toni Torio at 877-697-9963 or visit them at <http://www.wwmeli.org>.



EIGHTH GRADERS: Catholic High School Entrance Exam Prep Course—offered at Holy Trinity High School in Hicksville. Five 2 1/2 hour Saturday a.m. sessions, each including review in English and Math as well as practice tests. Course begins Sept. 15. \$250 fee covers instruction and materials. For additional info., visit holytrinityhs.org or call (516) 433-2900.



St. Dominic High School 2018 Catholic H.S. Entrance Exam Prep Course
 For the October 27th Exam, Courses on:
 September 8, 15 & 29 & Oct. 13, 20
 9:00-11:30am in Marian Hall
 Course fee: \$250 (includes textbook). To register, please call Mrs. Stutzman (516)922-4888, ext. 5241



Dear Friends:

John believes that finding Talbot House was a miracle that led him from darkness into the light. Every day, people struggling with substance abuse come to Catholic Charities' Talbot House looking for a way to reclaim their lives through all stages of the recovery process.

"The way I was living my life, I should not be here today. Every morning I wake up, I thank God for another day and for Talbot House," shared John.

Supporting the Catholic Ministries Appeal makes this program - and so many others - possible.

As members of our parish and of the larger Church community of the Diocese of Rockville Centre, we share in the mission to be instruments of *Dramatic Missionary Growth*.

One important way to do this is through support of the Catholic Ministries Appeal (CMA) which sustains not only programs like Catholic Charities' Talbot House but also campus, hospital and prison ministries, outreach programs, ministries to young people and the education and formation of our Priests, Deacons and lay leaders.

One of my diocesan responsibilities as a Pastor is to encourage support for this Appeal and increase the number of parishioners who join in this essential effort of the Church here on Long Island. As your Pastor, I have already witnessed your generosity and cooperation so I am confident that everyone who can will respond to the invitation to contribute to the 2018 Catholic Ministries Appeal. It is with deepest gratitude that I thank you most sincerely for your special consideration of this request to make a gift to the 2018 Catholic Ministries Appeal. **Please know that no gift is too small** and every gift makes a difference in the lives of people like John.

Sincerely yours in Christ,

Fr. David Regan

Make checks payable to:
Catholic Ministries Appeal

Parish _____

Pledge: \$ _____

Name _____

Down payment: \$ _____

Address _____

City, State, Zip: _____

Phone: _____ Signature: _____ Date: _____

Please consider donating to the Appeal and making a difference in the lives of others.

THANK YOU!

Dominican Village 12th Annual

Chinese AUCTION & Dinner

Friday October 5th 2018

6:30~10:00 p.m.

HELEN BUTLER HALL

565 Albany Avenue

Amityville, New York 11701

All are welcome to view and purchase basket tickets

On Friday, October 5th From 12:00-4:00p.m.

Or Join us for dinner from 6:30-10:00pm

Dinner \$45pp or table of ten \$400



Donor Opportunities Available Wish list

Medium to large wicker baskets

Any theme basket valued at \$75.00

Gift certificate or gift cards

Bicycles for any age

Coffee makers, air fryers, mixers



Donate new items that can be used in or added to baskets created by us. All donations can be delivered to Dominican Village or a representative will pick up

All donations are tax deductible as permissible by law. TAX ID# 11-3037708

Winner need not be present

For More Information call Emily Monem

(631) 842-6618

UPCOMING EVENTS

Come and join us as we celebrate the 36th Annual Catholic Charismatic Conference weekend held at Scranton University in Scranton, Pennsylvania.

A bus has been chartered for the conference and will be picking up all interested at Saint Cyril and Methodius Parish in Deer Park and at Our Holy Redeemer in Freeport. Please call Anna Baciaska (516) 776-5750 for registration and transportation information.

Conference dates are August 3rd through August 5th, 2018. This year's theme is, "He makes me to lie down in green pastures ... He restores my soul." Psalm 23 v 2-3

Pope Francis has been quoted to say, "When Jesus enters life, peace arrives, the kind that remains even in trials, in suffering."

A bus has been chartered for the conference and will be picking up all interested at Saint Cyril and Methodius Parish in Deer Park and at Our Holy Redeemer in Freeport. For Registration and transportation information call Anna Baciaska (516) 223-8594.

St. John the Baptist Diocesan High School
1170 Montauk Highway, West Islip, NY

Saint John the Baptist DHS is offering a Prep Course to prepare students for the Catholic High School Entrance Exam. It runs five 2 1/2 hour sessions beginning in September. They also offer a Test Taking Strategies Class the Friday evening before the exam. For additional information visit: [Www.stjohnthebaptistdhs.net](http://www.stjohnthebaptistdhs.net) or call (631) 587-8000 ext. 117.



St. Gertrude's Adult Choir leads the music at the 11:30 Sunday Mass, Christmas Midnight Mass, Lenten & Holy Week worship, Holy Days of Obligation, holidays, & special occasions & events. A select group of singers, the Resurrection Choir, offers vocal praise at all funerals and memorial masses. Members of the choir also participate in celebrating the Sacraments of Confirmation and First Holy Communion. Rehearsals are regularly held on Thursday evenings, up in the choir loft. Choir membership is open to all who are interested, & our singers range from the classically trained to those who have little to no music reading skills. Most of the choir members are available year-round; some are only seasonally available. But, all are welcome! The choir, since its origin many decades ago, aims to draw worshippers into the joy of offering prayerful musical praise.

If you are an adult [college-age or older], & are contemplating joining the choir, call the church office at (516)628-1113 & you will be put in touch with the choir director & music ministry.

Rockville Centre Diocesan Pilgrimage to
IRELAND

August 20-27, 2018

Spiritual Director:

His Excellency, Bishop John Barres
& Auxiliary Bishop Robert Brennan

[Www.pilgrimages.com/drvc](http://www.pilgrimages.com/drvc)

\$3,999 from New York

Pilgrimage to the Holy Land

October 13-22, 2018

Fr. Peter is our Spiritual Guide (206TOURS)

Price \$3,999.00 All inclusive - Double Occupancy;

Call Fr. Peter at 631-757-7435 Ext.5 or

206Tours at 1-800-206-8687 Ask for Color Brochure
Information Night in the Rectory at St. Francis Church

29 Clay Pitts Road, Greenlawn, NY

8pm on May 22nd, June 20th, & July 23rd



CHARISMATIC PRAYER
GROUP

Meets every Monday in the
rectory Chapel at St. Gertrude at 4:00pm



Below is a link to an Amazon
Program that enables shoppers to
easily donate to their favorite
charities.

Amazon will donate 0.5% of the purchase to
Society of St Vincent de Paul.

<https://smile.amazon.com/>

BECOME A BAYHAWK FOR THE DAY

Calling All 7th & 8th Graders to Shadow
Or Schedule a Personalized Tour

Please contact 516-922-4888 x5325 or admissions@stdoms.org



St. Dominic High School

One Journey Through Faith & Education

110 Anstice Street | Oyster Bay, NY 11771 | hs.stdoms.org



The Office of Diaconate Formation

will be conducting

THREE INFORMATION SESSIONS
for men and their wives.

7:00 pm
WEDNESDAY, September 5

7:00 pm
FRIDAY, September 7

7:00 pm
SUNDAY, September 9

Are you discerning a vocation to the Diaconate?

If you and your wife would like to attend one of the meetings

CALL 631-423-0483 Ext. 179 or **E-MAIL** diaconateformation@drvc.org

Seminary of the Immaculate Conception, 440 West Neck Road, Huntington, NY 11743

St. Dominic High School

2018 CATHOLIC HIGH SCHOOL ENTRANCE EXAM PREP COURSE

For the October 27th Exam

Course will be held on the following Saturdays:

September 8, 15 and 29

And October 13 and 20

9:00 - 11:30 a.m. in Marian Hall

Course Fee: \$250.00 (includes textbook)

To register please complete the form below
and return it with a check payable to:

St. Dominic High School
110 Anstice Street
Oyster Bay, New York 11771
Attention: Mrs. Stutzmann
516-922-4888 ext. 5241.

***STUDENTS ACCEPTED ON A
FIRST COME – FIRST SERVED BASIS.
There will be no refunds once the course begins.***

*(Please return this bottom portion with your CHEES prep course
payment.)*

Name _____

Address _____

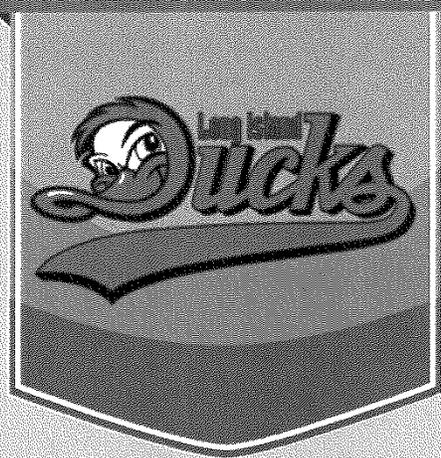
Phone _____ Email _____

SCHOOL PRESENTLY ATTENDING _____



SUFFOLK COUNTY EXECUTIVE STEVE BELLONE

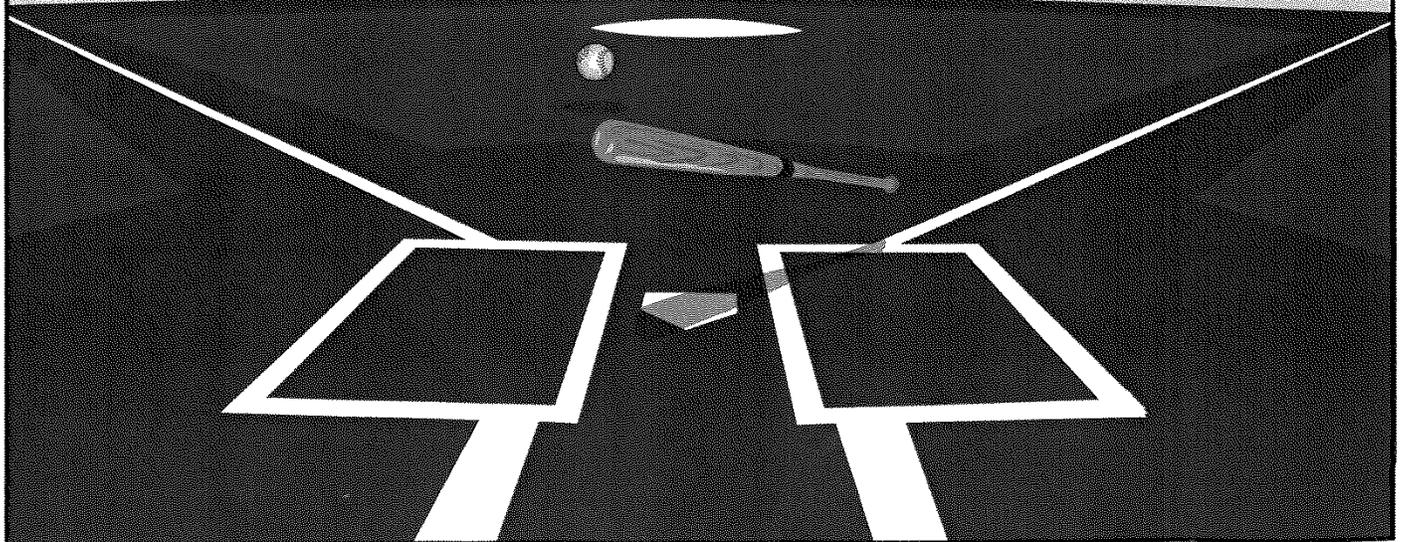
HEROES OF THE GAME



The Long Island Ducks, Suffolk County Executive Steve Bellone and Legislator Susan A. Berland are proud to honor veterans.

Veterans will be honored at every home game and will receive 10 complimentary tickets to the game for family and friends.

Contact Suffolk County Veterans Service Officer
Melissa Pandolf for more information
at 631-853-VETS



Volunteer Drivers for Veterans

WANTED



Nassau County provides vehicles to transport residents to/from the Northport VA, East Meadow & Valley Stream Clinics and Hicksville Vet Center



Monday-Friday from 7 am – 5 pm
Please donate any time you have to give!
[Valid NYS driver's license required.]



VETERANS SERVICE AGENCY

Ralph Esposito, Director

2201 Hempstead Turnpike, Building Q in East Meadow, NY

[516] 572.6526 Christine Sohmer

5K / 10K Run FOR Veterans

Help Local Veterans in Need

All profits will provide direct support to local veterans



start of the 2017 Nassau County 5K / 10K Run For Veterans

Join us for this special run by Veterans Memorial Park, Nassau County's Eisenhower Park

5K / 10K RACE

AUG. 25, 2018

9AM START | POST RACE FESTIVITIES TILL 2PM

Just \$30!

Register online by August 16

for more information or to register online
www.nassauvetsrun.com

Donations also welcome



NCPB



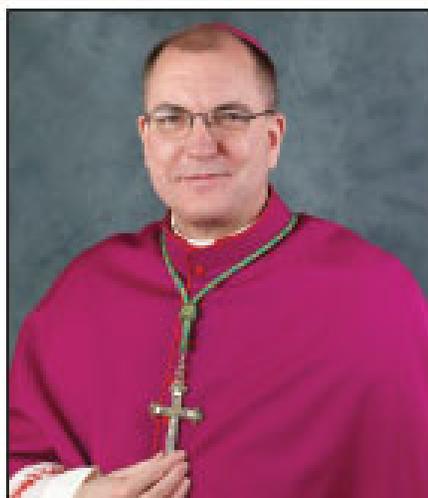
516.572.6565

Join Bishop John Barres and Aux-Bishop Robert Brennan
Rockville Centre Diocesan Pilgrimage to

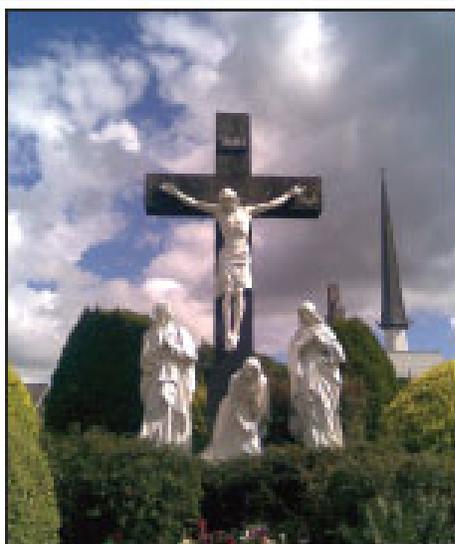
World Meeting of Families

Dublin, Ireland | August 20 - 27, 2018

www.pilgrimages.com/drvc



His Excellency, Bishop John O. Barres



DUBLIN, IRELAND

**WORLD
MEETING of
FAMILIES**

22-26, AUGUST 2018



206 Tours Inc.

333 Marcus Blvd, Hauppauge, NY 11788 | 1-800-206-Tour (8887) | sales@206Tours.com | www.206Tours.com



Become a Bayhawk for the Day
 Calling all 7th & 8th Graders to
 Shadow or Schedule a Personalized
 Tour

St. Dominic High School, 110 Anstice
 St., Oyster Bay/ hs.stdoms.org

"One Journey Through Faith & Education"

Please contact 516-922-4888 ext. 5325 or
admissions@stdoms.org.



Pantry Needs: Rice, Pasta, Spaghetti
 Sauce, Cereal, Coffee, Tea, Juice,
 Canned Fruits, Sugar, Black Beans,
 Tuna, Snacks, Dish & Laundry
 Detergent, Paper Towels, Paper Napkins,
 Tissues, Women's & Men's Deodorant, Bar
 Soap, Toothbrushes & Toothpaste.

*Just a friendly reminder to please be aware of
 food expiration dates. Thank you!*

*It's never too soon to prepare
 for the Catholic High School Entrance Exam.*



DYNAMIC CHSEE PREP COURSE
 taught by experienced teachers from
St. Anthony's High School

CALL DAC TEST PREP
 for an application **631-663-3303**

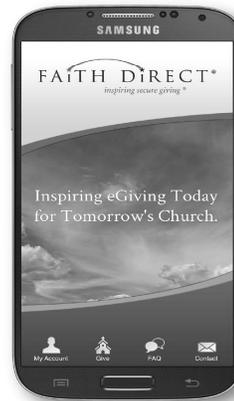
FOR NEW
 SAT COURSES
 SEE OUR WEBSITE!

**SPACE IS LIMITED!
 CALL TODAY!**

TO DOWNLOAD AN APPLICATION
 VISIT US AT: www.dactestprep.com

DAC TEST PREP, P.O. Box 134, Kings Park, NY 11754

eGiving Anywhere. Anytime.



**Giving to your Church
 made even easier!**

- Update Account Information
- Manage gifts
- Give on the Go
- Greater flexibility for you and your Church

**Download our
 NEW app
 today!**



Good Shepherd Hospice
 Catholic Health Services
 At the heart of health

Good Shepherd Hospice is proud to share that a new hospice inpatient unit will open at Mercy Medical Center in Rockville Centre in the Summer of 2018. We are excited to continue our mission to provide compassionate, comprehensive and family-focused care to patients and families and offer this special service in Nassau County. Call 631-465-6350 or visit goodshepherdhospice.chsli.org/ to learn more.



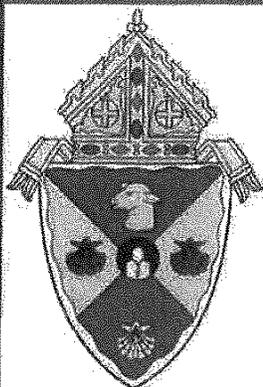
Weekend Music Ministry Schedule

Saturday 5:00 pm	Organist & Cantor[s]
Sunday 7:30 am	Instrumental Meditations
9:30 am	Family Mass Musicians
11:30 am	Adult Choir

Catholic Pilgrimage to the Shrines of Spain
 Visiting Barcelona/Madrid/Avila/Toledo/Granada/
 Montserrat and more!

September 10 - 21, 2018, \$3,699.00 per person including
 air from JFK. Breakfast & Dinner Daily. Holy Mass daily
 at the Shrines.

For a Flyer or more detailed information please call
 Cathie or Michael Milano at 1-800-773-2660.



Rockville Centre
Diocesan Pilgrimage
to
IRELAND



SPIRITUAL DIRECTOR:

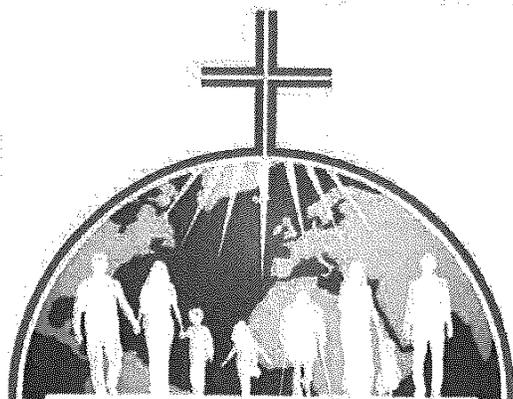
*HIS EXCELLENCY, BISHOP JOHN BARRES
AND AUXILIARY BISHOP ROBERT BRENNAN*

AUGUST 20 - 27, 2018

\$3,999 FROM NEW YORK

OPTIONAL POST TOUR: KNOCK AND GALWAY
ADDITIONAL \$999 PER PERSON

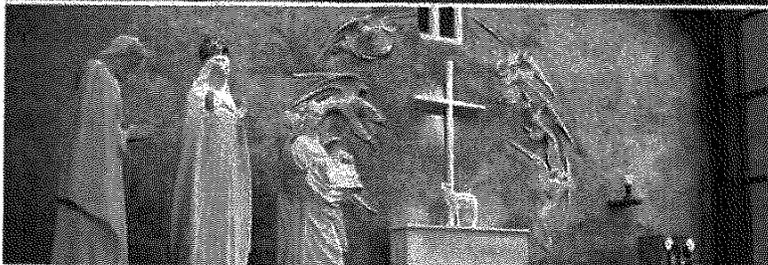
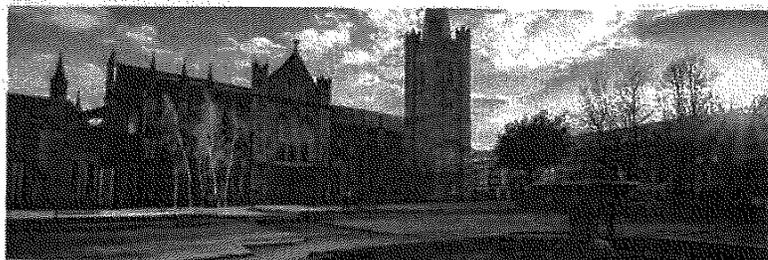
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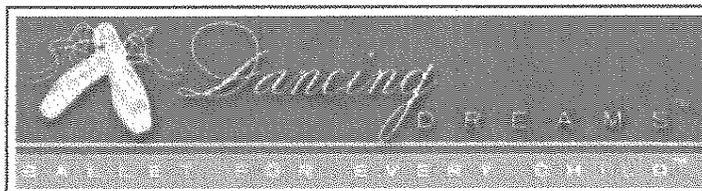


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Dance Classes for Children with Physical and Medical Challenges

Dancing Dreams, a nonprofit dance program for children with physical and medical challenges, is currently accepting students for September enrollment at our new Glen Head location.

Glen Head classes will be held on Monday afternoons at 4:00pm and 4:45pm at Glenwood Landing American Legion located at 190 Glen Head Road Glen Head, NY 11545.

Classes are taught by physical therapists, and each child is paired with a 1:1 Helper, a high school student volunteer.

Participants are exposed to various genres of dance including ballet, tap, and hip-hop. A full-scale onstage performance culminates each year.

The suggested tuition is \$375. However, scholarships are available, and no child is turned away due to an inability to pay.

To enroll, call 516.659.8704 or email laura@dancingdreams.org.

More information about Dancing Dreams can be found at www.dancingdreams.org.

I would like to announce that we will be offering two general bereavement groups this spring, and our ongoing groups for bereaved parents and survivors of suicide will be resuming as well. There is a one-time registration fee of \$20 for all groups. Interested individuals need to register by contacting the parish directly. Sister Christine Sammons is the contact person at St. Bernard's, 516-731-6074 and Maria Piniero is the contact person at St. Brigid, 516-334-0021. Registration forms will be mailed home. Visit my website: www.empoweringthebereaved.com for latest updates on groups.

General Bereavement Groups (meet weekly)

St. Bernard's Parish	Thursdays	April 5 - June 7	6:30 PM to 7:45 PM
St. Brigid's Parish	Tuesdays	April 3 - June 5	7:00 PM to 8:15 PM

Group for Bereaved Parents (meets 1st and 3rd Monday of the month)

St Bernard's Parish	Mondays	March 5 - ongoing	7:00 PM to 8:15 PM
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Group for Survivors of Suicide (meets 2nd and 4th Monday of the month)

St. Bernard's Parish	Mondays	March 12 - ongoing	7:00 PM to 8:15 PM
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Additionally, for anyone seeking training to become a support group facilitator, there will be a seven-week training program on Thursdays from 7:45 PM to 9:00 PM from April 12 to May 24. This will take place at the Parish Center of St. Bernard. There is a \$60 registration fee. Interested individuals should contact me directly at 516-799-5873 to register. Additionally, The diocese is having a day program for training facilitators on Mondays, April 9 to 30 from 9:30 AM to noon. Interested individuals should visit the diocesan website: www.drvc-faith.org/bereavement

Those who have questions about the groups or training can contact me via email at lousab@aol.com or call me at 516-799-5873. From Feb. 10 to March 4, email is the best way to reach me or call my cell # 516-660-1352. Thank you.

FAMILY, MARRIAGE AND INDIVIDUAL THERAPY

Family, marriage and individual therapy, provided by New York State licensed therapists including therapists who specialize in Depression, Divorce Mediation and Domestic Violence, are available to our parishioners at 147 other parishes. This program, under the direction of Dr. George Giuliani, has been conducted in the diocese for the past 41 years for the convenience of parishioners. It is provided by the Catholic Counseling Center, which is independent of and not controlled or supervised by the parish or diocese. Most insurance policies, including Medicare, are honored. We are currently looking for licensed therapists in Nassau, Suffolk and Queens. For confidential information and appointments, please call Dr. Giuliani at the Catholic Counseling Center at (631) 243-2503 or go to our website at: <http://www.thecatholiccounselingcenter.com>.

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POSSIBLE SITES

St. Catherine of Sienna, Franklin Square	Thursday Evening	
Our Holy Redeemer, Freeport	Saturday Morning	<i>Spanish</i>
St. Martha, Uniondale	Tuesday Evening	<i>Haitian</i>
St. Martin of Tours, Amityville	Tuesday Evening	
SS. Cyril and Methodius, Deer Park	Saturday Morning	
St. Elizabeth, Melville	Wednesday Evening	
St. Hugh of Lincoln, Huntington Station	Saturday Morning	<i>Spanish</i>
St. William the Abbot, Seaford	Tuesday Morning	
Queen of the Most Holy Rosary, Bridgehampton	Tuesday Evening	<i>Spanish</i>
St. Rosalie, Hampton Bays	Tuesday Evening	
St. Margaret of Scotland, Selden	Wednesday Evening	
Sacred Hearts of Jesus and Mary, Southhampton	Thursday Morning	

Please note: There is a minimum site requirement of twelve or more participants for a class to be offered for each site. *For more information visit www.drvc-faith.org or call MariaElena Barbieri 516 678-5800 ext. 540*

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*Lunch and transportation programs are made possible with funding from the Nassau County Department of Human Services, Office for the Aging through New York State Office for the Aging and U.S. Administration on Aging, Town of Oyster Bay.

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The Center is a 501(c)3 which relies heavily on contributions.
An Annual Report and Audited Financials are available online.

**Membership
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The Life Enrichment Center at Oyster Bay

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PROGRAMS FOR FRAIL AND MEMORY IMPAIRED SENIORS

What's the best kept secret in Oyster Bay?

The Day Break Program at the Life Enrichment Center, a Social Model Adult Day Care program serving frail and memory-impaired seniors since 1999. Day Break provides high-quality, affordable therapeutic services in a safe, comforting and socially engaging environment. Participants benefit from cognitive activities, exercise, music, social interaction and much, much more. Aging at home presents many challenges; the Day Break Program can improve the quality of life of both participant and caregiver. **Long term care insurance and Medicaid MLTCs accepted.** For a **free trial visit**, contact Ruth Humphreys at 516-558-7211.

Social Activities & Vital Services for Individuals 55+

Wonderful opportunities for active seniors and newly retired individuals.

To receive a monthly calendar call 516-922-1770 or visit our website:

www.lifeenrichmentcenteroysterbay.org



The *IRA Charitable Rollover* is back and is now permanent!

What's called a rollover is actually a "qualified charitable distribution" that can be made to our Parish.

If...

You are at least 70 1/2 years old on the date you make your gift

Your IRA is a traditional or Roth

You don't exceed your personal maximum of \$100,000 per year in qualified charitable distributions

You will not have to report your distribution as income. It will be free of federal and New York State income tax, and it will count toward your required minimum distribution (RMD).

The best way for you to start is with your IRA custodian. Tell them you want to make a "qualified charitable distribution". In most cases you will only have to fill out a simple form.

VERY IMPORTANT!! Your gift must go directly from your IRA to the Parish. If you receive the money first then you'll be taxed on it like any other distribution.

Example: Mrs. Connors, age 76, has \$125,000 in a traditional IRA and would like to contribute \$5,000 to her Parish in 2016. Upon hearing of the Charitable IRA Rollover opportunity, she directs the custodian of her IRA to transfer this amount not later than December 31, 2016 directly to the Parish as a 2016 gift. She will not be subject to income tax on her \$5,000 qualified charitable distribution.

This information is not intended and should not be construed as legal, tax or investment advice. For such advice, please consult an attorney, tax advisor or investment professional.

Wills and Bequests have the power to impact future generations. It's so easy to include our Parish in your Will and still provide for loved ones. You may be able to make a simple bequest by adding the following language:

"I give and bequeath the sum of \$ _____ (or the % of), to be used for the general program of St. Gertrude Parish, a Catholic Church in the Diocese of Rockville Centre."

Ensure the future vitality of our Parish with your charitable bequest or consider other Estate Planning options, such as designating our Parish as beneficiary of a life insurance policy or an IRA account.

To receive a brochure about Wills and Bequests, please call Barbara Kilarjian at 516-379-5210 ext. 229



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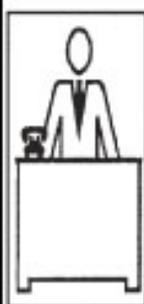
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